Mamma Afrika



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Gerard Murphy (CAN)

Music: Mamma Africa - Two In One



ROCK-RECOVER, COASTER-CROSS, SIDE ROCK-RECOVER, FORWARD-1/2-POINT

1-2 Rock right forward, recover onto left

3&4 Step right back, step left together, cross right over left

5-6 Rock left to side, recover onto right

7&8 Turn ¼ right and step left forward, turn ½ right (weight to right), touch left to side

CROSS FRONT-SIDE, CROSS BEHIND-1/4 TURN-FORWARD, CROSS-BACK, 1/4 TURN SHUFFLE

9-10 Cross left over right, step right to side

11&12 Cross left behind right, turn ¼ right and step right forward, step left forward

13-14 Cross right over left, step left back

15&16 Side shuffle turning ½ right and step right, left, right

CROSS, POINT-BALL-CROSS, STEP, KICK-SIDE-STEP, KICK-SIDE-TOUCH

17 Cross left over right

18&19 Touch right diagonally forward, step right together, cross left over right

20 Step right to side

Touch left across right, step left to side, step right together
Touch left across right, step left to side, touch right together

AND WALK, WALK, SHUFFLE, 1/2, KICK-BALL-STEP FORWARD

&25 Rock right back, recover onto left

26 Step right forward

27&28 Shuffle forward stepping left, right, left 29-30 Step right forward, turn ½ left (weight to left)

31&32 Kick right forward, step right together, step left forward (large step)

REPEAT

TAG

After 7 rotations of the dance (you'll be facing the 3:00 wall), do 1-16, then this 4 count tag and restart from the beginning.

1& Rock left across right, recover onto right

2&3 Turn ½ left and step left forward, step right forward, turn ½ left (weight to left)

4 Hands in the air - ta da! (now facing 9:00 wall)

FINISH Hands in fists

Cross arms & touch right fist to left hip & left fist to right hip
Uncross arms & touch fists to shoulders (right to right, left to left)

32 Spray arms up and out opening fists

Ta da!