

# Meat And Potatoes

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Regina van Bergen (NL)

**Music:** Meat and Potato Man - Alan Jackson



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## **FORWARD, TOUCH, BACKWARDS, TOUCH**

- 1-2 Step right foot diagonally forward, touch left foot beside right foot
- 3-4 Step left foot diagonally back, touch right foot beside left foot
- 5-6 Step right foot diagonally back, touch left foot beside right foot
- 7-8 Step left foot diagonally forward, touch right foot beside left foot

## **VINE TO THE RIGHT WITH ½ LEFT HITCH TURN TO THE RIGHT, VINE TO THE LEFT, TOUCH**

- 1-2 Step right foot to the right side, cross left foot behind right foot
- 3-4 Step right foot to the right, hitch with left knee and turn ½ to the right
- 5-6 Step left foot to the left side, cross right foot behind left foot
- 7-8 Step left foot to the left side, touch right foot beside left foot

## **BACK, BACK, BACK, HITCH, STEP, SLIDE, STEP, TOUCH**

- 1-2 Step right foot back, step left foot back
- 3-4 Step right foot back, hitch left knee
- 5-6 Step left foot forward, slide right foot beside left foot
- 7-8 Step left foot forward, touch right foot beside left foot

## **VINE TO THE RIGHT WITH ¼ LEFT HITCH TO THE RIGHT, VINE TO THE LEFT WITH TOUCH**

- 1-2 Step right foot to the right side, cross left foot behind right foot
- 3-4 Step right foot to the right, hitch with left knee and turn ¼ to the right
- 5-6 Step left foot to the left side, cross right foot behind left foot
- 7-8 Step left foot to the left side, touch right foot beside left foot

## **REPEAT**

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