

Old Bones

Count: 52

Wall: 1

Level: Improver foxtrot

Choreographer: Unknown

Music: Old Bones - George Burns



CROSS STRUTS FORWARD (WITH ATTITUDE)

- 1-2 Cross left foot over right, hold
- 3-4 Cross right foot over left, hold
- 5-6 Cross left foot over right, hold
- 7-8 Cross right foot over left, hold

LEFT VINE, RIGHT VINE

- 9-12 Step left foot to left, cross right behind left, step left to left, touch right next to left
- 13-16 Step right foot to right, cross left behind right, step right to right, touch left next to right

3 FORWARD SHUFFLES, PIVOT ½ LEFT TURN

- 17&18 Shuffle forward left-right-left
- 19&20 Shuffle forward right-left-right
- 21&22 Shuffle forward left-right-left
- 23-24 Step forward right, pivot ½ left turn, transferring weight to left foot

RIGHT VINE, LEFT VINE

- 25-28 Step right foot to right, cross left behind right, step right to right, touch left next to right
- 29-32 Step left foot to left, cross right behind left, step left to left, touch right next to left

3 FORWARD SHUFFLES, PIVOT ½ RIGHT TURN

- 33&34 Shuffle forward right-left-right
- 35&36 Shuffle forward left-right-left
- 37&38 Shuffle forward right-left-right
- 39-40 Step forward left, pivot ½ right turn, transferring weight to right foot

MODIFIED JAZZ BOX

- 41-44 Step forward on left, cross right foot over left, step back on left foot, step right foot next to left

SLIDES TO LEFT AND RIGHT

- 45-48 (Moving toward left) step left foot to left, slide right foot to left, step left to left, touch right next to left
- 49-52 (Moving toward right) step right foot to right, slide left foot to right, step right to right, touch left next to left

REPEAT

It is unclear exactly where this dance originated, but is popular in San Diego and Riverside counties of Southern California