# S & A Boogie

## Count: 32

I: 4

Level: Beginner

Choreographer: Samantha Majors (USA) & Altie Majors (USA)

Music: No News - Lonestar

## STEP RIGHT, STEP LEFT

- 1-2 Step right foot to right with knee roll out, then step home
- 3-4 Step left foot to left with knee roll out, then step home

### **KICK BALL CHANGES**

5-8 Two right kick ball changes

### 1/4 TURN CHUGS

9-12 Make a ¼ turn to the left using 4 chugs with right leg

### VINE AND ROLLING VINE

- 13-16 Vine to right. (end with a scuff)
- 17-20 Rolling vine to left. (end with a stomp)

### **BACKWARDS SHUFFLES**

21-24 Two backwards shuffles starting with right leg

### WALK FORWARD

25-28 Walk forward (right-left-right) and kick left leg

#### **STEP HIP BUMPS**

29-30 Step left leg to rear with 2 hip bumps

#### **STEP HIP ROLLS**

31-32 Step left leg home with 2 hip rolls. (roll hips to the right, ending with weight on left foot)

## REPEAT

Last Update - 21 Oct 2023





Wall: 4