

Jam Up & Jelly Tight

Count: 32

Wall: 4

Level: Improver

Choreographer: Helen O'Malley (IRE) & Rob Fowler (ES)

Music: Jam Up and Jelly Tight - Scooter Lee



ROCKS & LOCK & ROCKS & COASTER

- 1& Rock forward on right, rock back on left
- 2& Rock back on right, rock forward on left
- 3& Lock right behind left, transfer weight to left
- 4& Rock back on right, rock forward on left
- 5&6 Rock forward on right, rock back on left, step back on right
- 7&8 Step back on left, step together with right, step forward on left

TOE TOUCHES, ¼ TURN, CROSS STEP TWICE CLAP

- 1& Touch right toe forward, step right in place
- 2& Touch left toe forward, step left in place
- 3-4 Step right forward, pivot ¼ turn left
- 5&6 Cross step right over left, clap twice
- &7-8 Step small step left, cross right over left, clap hands

SIDE ROCKS & CROSS OVERS

- 1-2 Rock left to left side, rock right to right side
- 3&4 Cross left in front of right, step right diagonally forward, cross left in front of right
- 5-8 Repeat 1-4 on opposite foot

STEP ½ TURN SHUFFLE & FULL TURN PADDLE STEPS (CHUGS)

- 1-2 Step forward left, pivot ½ turn right
- 3& Step forward left, step right next to left
- 4-5 Step left forward, pivot ¼ turn on ball of left as you touch right to right side
- 6-7-8 Repeat step 5 to complete full turn

REPEAT
