Hearts And Flowers

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Adrian Churm (UK)
Music: Hearts And Flowers - Dave Sheriff

HEEL DIGS, COASTER STEP, HEEL DIGS, COASTER STEP.

1-2	Touch right heel forward twice
3&4	Step back right, step left beside right, step right forward
5-6	Touch left heel forward twice
7&8	Step back left. Step right beside left, step forward left.

RIGHT SHUFFLE, LEFT SHUFFLE, CROSS ROCK & SHUFFLE ½ TURN RIGHT

9&10	Step forward right, close left beside right, step forward right.
11&12	Step forward left, close right beside left, step forward left
13-14	Cross rock right over left, rock back onto left

Steps 15 - 18 travel towards back wall

15-16	Shuffle step ½ turn right, stepping - right, left, right.

LEFT SHUFFLE ½ TURN RIGHT, COASTER STEP, CHARLESTON STEPS.

17&18	Shuffle ½ turn right stepping - left, right, left.
19&20	Step back on right, step left beside right, step forward right.
21-22	Step forward left. Touch right toe forward.
23-24	Step right toe back, touch left toe back.

CHARLESTON STEPS, HEEL TOE TOUCHES, ¼ TURN LEFT

25-26	Step forward left, swing right foot forward, touching right toe forward
27-28	Step right toe back, touch left toe back.
29-30	Touch left heel forward, touch left toe back
31	Left foot step ¼ turn to the left
32	Right foot touch next to left foot

REPEAT