# East Bound & Down 2000

Level: Improver

Choreographer: Kathy Hunyadi (USA)

**Count: 32** 

Music: East Bound and Down - Jerry Reed

Choreographed for Dance Roundup '99 at Mystic Lake Casino, Prior Lake MN

## SHUFFLES FORWARD, SHUFFLES BACK, SHUFFLES FORWARD, WALK BACK, TOUCH, CLAP TWICE

- Moving toward 1st corner to right of center wall (2:00), right shuffle forward (right, left, right); 1&2-3&4 left shuffle forward (left, right, left)
- 5&6-7&8 Turn ¼ from last corner as you move back (facing 4:00) and right shuffle back (right, left, right); left shuffle back (left, right, left)
- 1&2-3&4 Turn ¼ right from last corner as you travel forward (facing 8:00), right shuffle forward (right, left, right), left shuffle forward (left, right, left)
- Walk back right, left as you square off to face 9:00; cross right foot over left touching toes to 5-6-7&8 left of left foot; clap twice (&8)

This is the diamond shape like in "Reggae Cowboy". It is 3 successive corners to right, followed by the next wall

## LONG SIDE STEP RIGHT, ROLLING 360 VINE LEFT, TOUCH

- 1-2-3-4 Take long side step right over counts 1-4; touch left toes beside right
- 5-6-7-8 Turn ¼ left as you step forward, continue to turn ½ left stepping back on right, turn ¼ left as you step left foot to side; touch right foot beside left

## ROCK. STEP, ½ TURN RIGHT, SHUFFLE IN PLACE; ½ TURN RIGHT, STOMP, CLAP TWICE

- Rock forward on right foot, recover weight to left foot while turning 1/2 to right, shuffle in place 1-2-3&4 right, left, right
- Step forward on left foot, turn 1/2 to right, step right foot in place; stomp left foot forward 5-6-7&8 (taking weight); clap hands twice

#### REPEAT

This was especially fun to choreograph to! It goes to show that there are some really well phrased old country tunes that are fun to dance to!

-- Kathy Hunyadi





Wall: 4