Conga Rhythm

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Roy Verdonk (NL) & Nataline Laner (NL)
Music: Conga - Gloria Estefan

WALK RIGHT, LEFT, RIGHT, LEFT, RIGHT ROCK WITH CUBAN HIP ROLL, BEHIND SIDE ¼ STEP FORWARD

1-4 Walk forward with right, left, right, left
Raise arms up from the sides to shoulder level over the first 4 counts
5-6 Step right to right side, recover onto left
Roll hips around to the right over these two counts
7&8 Step right behind left, step left to the side while turning ¼ left, step forward on right

WALK LEFT, RIGHT, LEFT (SHIMMIES) HITCH RIGHT, STEP, ¼ TURN, HIP ROLL

9-11 Walk forward left, right, left
Shake shoulders while walking forward
12 Hitch right knee up
13-14 Step back on right turning ¼ to the left, step left to left side
15-16 Roll hips for 2 counts to the left
Weight ending on left

MAMBO CROSSES, CROSS STEPS 3 TIMES, ½ TURN

17&18 Step right over left, step left in place, step right to right side
Feet should be shoulder width apart
&19&20& Step left in place, step right over left, step left foot in place, step right to right side shoulder width apart, step weight onto left foot
21&22& Cross right over left, step left slightly to left side, cross right over left, step left slightly to left side
23-24 Cross right over left, unwind ½ turn over the left shoulder

CROSS, STEP, STEP X3, SAILOR STEP TURN ¼

25&26 Cross right over left, step left together with right, step right in place
Ending with body angled 45 degrees to the right side
27&28 Cross left over right, step right together with left, step left in place
Ending with body angled 45 degrees to the left side
29-30 Cross right over left, step left together with right, step right in place
Ending with body angled 45 degrees to the right side ending with weight on right foot
31&32 Step left foot behind right, (angle body back to home wall) cross right over left, turn a ¼ to the left stepping forward on left

REPEAT