

# Lady

Count: 32

Wall: 0

Level: Phrased Intermediate

Choreographer: Rob Fowler (ES) - March 2008

Music: Lady - Kenny Rogers



Intro: 8 counts

## SHORT WALL:

**SIDE L, CROSS ROCK, ¼ TURN, ¾ PIVOT, SIDE L, COASTER, LOCK STEP, ½ TURN, TOUCH**

- 1, 2& Step left to left side, rock back on right, recover weight on left
- 3, 4& Turn ¼ right stepping forward on right, step forward left, pivot ¾ turn right (weight on right)
- 5, 6& Step left to left side, step back on right, step left next to right
- 7&8&1 Step right forward, lock left behind right, step forward on right, make a ½ turn right whilst hitching left, touch left out to left side

(6 o'clock)

**CROSS ROCK, SIDE L, CROSS, ¼ TURN R x 2, CROSS ROCK, SIDE L, CROSS FULL**

**UNWIND (See Notes)**

- 2&3 Rock left over right, recover weight on right, step left to left side
- 4&5 Cross right over left, make a ¼ turn right stepping back on left, make another ¼ turn right stepping right to right side
- 6&7 Rock left over right, recover weight on right, step left to left side,
- 8 (ish)

**Note:**

**Cross right over left and unwind a full turn left (weight on right)**

**There is a break in the music, execute this turn throughout the break, approx 4 counts**

**(12 o'clock)**

**SIDE L, BACK ROCK, SIDE R, CROSS, ¼ TURN L, SIDE L, BACK ROCK, SIDE R, CROSS, ¼ TURN L**

- 1, 2& Step left to left side, rock back on right, recover weight on left
- 3, 4& Step right to right side, cross left over right, make a ¼ turn left stepping back on right
- 5, 6& Step left to left side, rock back on right, recover weight on left
- 7, 8& Step right to right side, cross left over right, make a ¼ turn left stepping back on right

**(6 o'clock)**

**LONG WALL: Add these 8 counts to the Short Wall**

**SIDE L, CROSS ROCK, SIDE R, CROSS ROCK, SIDE L, STEP R, PIVOT ½ L, ½ TURN L,**

**SWEEP, ¼ TURN R x 2**

- 1, 2&3 Step left to left side, cross right over left, recover weight on left, step right to right side
- 4&5 Cross left over right, recover weight on right, step left to left side
- 6&7 Step forward on right, pivot ½ turn left, make another ½ turn left stepping back on right
- 8&1 Sweep left behind right stepping onto left, make a ¼ turn right stepping forward on right, make another ¼ turn right stepping left to left side (to start the dance again)

**Note:**

**(12 o'clock)**

**In addition, when dancing the Long Wall, the full unwind at Count 16 in the Short Wall is completed in just one count**

**Tag: Side Step, Back Rock/Recover x 2**

- 1, 2& S tep left to left side, rock back on right, recover weight on left
- 3, 4& S tep right to right side, rock back on left, recover weight on right

**Sequence Short Wall; Short Wall; Long Wall; Tag; Short Wall; Short Wall; Long Wall; Tag;**

Long Wall; Long Wall.

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