Count: 32 Wall: 4
Level: Improver
Choreographer: Rob Fowler (ES) - February 2010
Music: Now You Know - Miss Eighty 6

## (Alternative: Music: On Fire By: Lloyd Banks)

Walk, Walk, Kick ball step, $1 / 4$ turn right knee roll, left knee roll, sailor $1 / 4$ turn
1,2 Walk forward right foot, walk forward left foot
3\&4 Kick right foot forward, step right next to left, step forward onto left
$5,6 \quad 1 / 4$ turn to right rolling right knee clockwise, roll left knee anti clockwise
$7 \& 8 \quad$ Step right foot behind left, step left slightly to left side, $1 / 4$ turn right long step forward onto right foot.

Dip $1 / 4$ turn right, $1 / 2$ turn right stepping right to right side, left kick and cross, Syncopated monterey turn
$1,2 \quad 1 / 4$ turn to right stepping left next to right bending both knees, $1 / 2$ turn right on ball of left foot stepping right to right side
3\&4 Kick left foot across right foot, step down onto left foot, touch right to right side
$5 \& 6 \quad$ Full turn right stepping right next to left, rock left to left side, rock right to right side
$7 \& 8 \& \quad$ Cross left foot over right foot, Rock right foot to right side, $1 / 4$ turn to left stepping onto left foot, $1 / 4$ turn to left stepping right to right side

Together sweep, cross, side, behind $1 / 4$ step, step $1 / 2$ pivot turn left, brush out out
1,2 Step left next to right foot as you sweep right foot across left foot(this is done in 1 count), step down onto right foot
3\&4 Step left to left side, cross right behind left, $1 / 4$ turn to left stepping forward onto left foot
$5,6 \quad$ Step forward onto right foot, $1 / 2$ pivot turning left
7\&8\& Brush right foot forward, step right out to right side, step left out to left side, and step right next to left

Left cross, right side, left sailor $1 / 4$ turn, $1 / 4$ turn hitch, hip bumps with $1 / 4$ turn, coaster step
1,2 Cross left over right foot, step right to right side
$3 \& 4 \& \quad$ Step left behind right foot, step right slightly to right side, $1 / 4$ turn to left stepping on left foot forward, $1 / 4$ turn to left hitching right knee
5\&6 Step right foot to right side bumping hip to the right, bump hip to left, $1 / 4$ turn to left pushing right hip back
7\&8 Step back onto left, step right next to left, step forward onto left
End of Dance

