At This Moment

Count: 48

Level: High Intermediate Waltz

Choreographer: Jennifer Choo Sue Chin (MY) - April 2010

Music: At This Moment - Michael Bublé : (CD: Crazy Love)

Intro: 4x6

[1-6] STEP PIVOT, LUNGE, RECOVER, SIDE

- 1-3 Step RF fwd (1), Step LF slightly in front of RF (2), Pivot ½ turn right weight on RF (3) (6:00)
- 4-6 Lunge LF fwd (4), recover on RF (5), step LF to L (6) * Restart here during wall 2

[7-12] WEAVE LEFT, UNWIND SWEEP, BEHIND

- 1-3 Cross RF over LF (1), Step LF to L (2), touch RF behind LF (3)
- 4-6 Unwind ³/₄ turn right (4), Sweep RF from front to back (5), step RF behind LF (6) (3:00)

[13-18] HALF TURN LEFT, BEHIND, HALF TURN RIGHT, BEHIND

- 1-3 ¹/₄ turn L stepping LF fwd (1), ¹/₄ turn L stepping RF next to LF (2), Step LF behind RF (3) (9:00)
- 4-6 ¹/₄ turn R stepping RF fwd (4), ¹/₄ turn R stepping LF next to RF (5), Step RF behind LF (6) (3:00)

[19-24] HALF TURN LEFT, BIG STEP RIGHT, DRAG, SYNCOPATED WEAVE

&1-3 ¼ turn L stepping LF fwd (&), ¼ turn L taking big step to R (1), Drag LF toward RF (2-3) (9:00)

*** Bridge during wall 7

- &4 Step LF down (&), Cross RF in front of LF (4)
- &5 Step LF to L (&), Step RF behind of LF (5)
- &6& Step LF to L (&), Cross RF in front of LF (6), ¼ turn L Step LF fwd (&)

Easier Options: Do a grapevine to the left (4 – Step LF to LF, 5 – Step RF behind LF, 6 – Step LF to L)

[25-30] HALF TURN LEFT, POINT, HOLD, RIGHT TWINKLE

- 1-3 Execute a ¼ turn L on ball of LF sweeping RF from back to side (1), Point R toe to R (2-3) (3:00)
- 4-6 **Cross RF over LF (4), Step ball of LF to L diagonal (5), Step RF to R diagonal (6)

[31-36] LEFT TWINKLE, HALF TURN RIGHT TWINKLE

1-3 Cross LF over RF (1), Step ball of RF to R diagonal (2), Step LF to L diagonal (3)**

(**These 6 counts of twinkles – counts 28-33 – will be "subtracted" during Wall 5)

4-6 Cross RF over LF (4), ¼ turn right stepping back on LF (5), ¼ turn right stepping RF to R (6) (9:00)

[37-42] STEP, FORWARD CHASSE, FORWARD COASTER

- 1-2&3 Step LF fwd (1), Step ball of RF fwd (2), Step ball of LF next to RF (&), Step RF fwd (3)
- 4-6 Step LF fwd (4), step RF together (5), step LF back (6) (forward waltz basic will work too)

[43-48] BACK, ½ TURN LEFT, ¾ LEFT TURN BALL STEPS

- 1-3 Step RF back (1), ¹/₂ turn L stepping LF fwd (2), step RF slightly fwd (3) (3:00)
- 4& ¼ turn L stepping LF fwd crossing over RF, Step ball of RF next to LF
- 5& ¼ turn L stepping LF fwd crossing over RF, Step ball of RF next to LF
- 6 ¼ turn L stepping LF fwd crossing over RF

Easier Options: Walk around

4-6 ¹/₄ turn left crossing LF over RF, ¹/₄ turn left crossing RF over LF, ¹/₄ turn left crossing LF over RF (6:00)





Wall: 2

REPEAT AGAIN (Explore the song's musicality! The song is full of emotions!)

* Restart: Dance until count 4 and hold 2 counts at the lunge, then restart.

**Subtract: On Wall 5, When Michael sings "I'll subtract 20 years off from my life", it's the cue to subtract the 2 twinkles that will be coming up next (count 28-33). Dance until count 27 (Point R toe to R) and connect straight to the half turn twinkle from count 34.

***Bridge: After count 21 on Wall 7, there is a long pause with no beats and Michael would sing, "I wanna hold you, I wanna hold you, again". Do this to fit the lyrics: I wanna hold you (1): Swing both arms (straight) above from right to left over the head, step LF to L when you do so. As the R arm is straight up, pull R arm downwards and hold R palm to the heart. At the same time, slide R toe to the far back crossing behind LF and slightly bend L knee. You can bend the body slight forward. (footwork: think of the bowling pose) I wanna hold you (2): Repeat the above to the right side with opposite limbs. Again: Slowly rise up with LF touch behind RF, do a slow full turn unwind over L shoulder. There will be 3 beats after the word "again". Do this in place of the syncopated weave for the 3 beats: Step LF to L, Step RF behind LF, ¼ turn L stepping LF fwd and continue the dance from count 25 (¼ turn L sweep RF from back to R and point RF to R). Continue the dance with the twinkles etc. Note: It's just too tough to pen down all the action in words, please refer to the video as it speaks a million words. Enjoy the music! Special thanks to Joanne Wong for interpreting the Bridge.

* In loving memory of Carmen Mah *

Contact: (hotlinerz@gmail.com)

Last Revision - 2nd October 2011