Messed Up In Memphis

Count: 64 **Wall:** 4 **Level:** Intermediate Country 2 step
Choreographer: Dee Musk (UK) - May 2010
Music: Messed Up In Memphis - Darryl Worley : (Album: Sounds Like Life)

64 Count Quick Beat Intro – Start on Vocals - Approx 24 secs – 3 mins 50 secs

SIDE TOUCH, TOUCH OUT TOUCH IN, SIDE TOUCH, TOUCH OUT TOUCH IN.

1,4 Step L to L side, touch R beside L, touch R to R side, touch R beside L.
5,8 Step R to R side, touch L beside R, touch L to L side, touch L beside R. (12 o'clock).

SCISSOR CROSS HOLD, ROCK ¼ TURN L STEP HOLD.

1,4 Step L to L side, close R beside L, cross step L over R, hold count 4.
5,8 Rock R out to R side, recover making a ¼ turn L, step forward on R, hold count 8.(9 o'clock).

FULL TRIPLE TURN R HOLD, STEP TOUCH STEP KICK.

1,4 Travelling forward make a triple turn R stepping L, R, L hold count 4.
(Easier Option shuffle forward stepping L,R,L hold count 4).
5,8 Step forward on R, touch L toe behind R, step back on L, kick R forward. (9 o'clock).

BACK STEP LOCK STEP HOLD, ROCKING CHAIR.

1,4 Step back on R, cross step L over R, step back on R, hold count 4.
5,8 Rock back on L, recover weight to R, rock forward on L, recover weight to R. (9 o'clock).

• Restart here during wall 4, begin again facing 12 o'clock wall.

SCISSOR CROSS HOLD, SIDE BEHIND ¼ TURN R HOLD.

1,4 Step L to L side, close R beside L, cross step L over R, hold count 4.
5,8 Step R to R side, cross step L behind R, make a ¼ turn R stepping forward on R, hold count 8. (12 o'clock).

STEP ½ TURN STEP R HOLD, ½ TURN L TOUCH, ½ TURN L BRUSH.

1,4 Step forward on L, make a ½ turn R, step forward on L, hold count 4.
5,8 Make a ½ turn L stepping back on R, touch L toe beside R, make a ½ turn L stepping forward on L, brush R forward, (6 o'clock).

MAMBO FORWARD HOLD, SAILOR ¼ TURN L HOLD.

1,4 Rock forward on R, recover weight to L, step back on R, hold count 4.
5,8 Make a sailor ¼ turn L cross stepping L behind R, step R to R side, step forward on L, hold count 8 (3 o'clock).

STEP ½ TURN STEP L, HOLD, ½ TURN R TOUCH, ½ TURN R BRUSH.

1,4 Step forward on R, make a ½ turn L, step forward on R, hold count 4.
5,8 Make a ½ turn R stepping back on L, touch R toe beside L, make a ½ turn R stepping forward on R, brush L forward. (9 o'clock).

Restart

During wall 4, dance up to and including section 4 then begin again facing the 12 o'clock wall.

Have Fun Luv Dee xx

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