

Love Your Flavour

Count: 64

Wall: 4

Level: Intermediate / Advanced

Choreographer: Rob Fowler (ES) & Lianne Lewis - October 2010

Music: Baby Get Down - Tomi



Start on vocals.

Walk, Walk, ¼ Turn Hip Bumps, Coaster ¼ Turn Hold, ¼ & Cross

- 1,2 Walk right, walk left
- 3&4 Make ¼ turn left stepping right to right side bumping right hip, bump hip to the left, bump hip to the right
- 5&6 Make ¼ turn to the left with a left coaster step (Facing 6 O'clock)
- 7&8 Hold, make ¼ turn to the left stepping right to right side, cross left over right (Facing 3 O'clock)

¼ Turn Step Back Onto Right, Left Coaster Step Brush, Touches Forward, Triple Step Hitch

- 1,2&3 1/4 turn to the left step back onto right, Left coaster step (Facing 12 O'clock)
- 4& Brush right foot forward, Step back onto right foot
- 5&6& Press ball of left foot forward, step left next to right, press ball of right foot forward, step right foot next to left
- 7&8& Press ball of left foot forward, transfer weight back onto right, press ball of left into floor, transfer weight back onto right hitching left knee (Facing 12 O'clock)

¼ Turn Left, Syncopated Side Rocks & Cross Hold & Cross, Funky Weave

- 1&2& Rock left to left side, rock to right side, rock left to left side, step right next to left (Facing 9 O'clock)
- 3,4 Cross left over right, hold
- &5,6 Step right to right side, cross left over right, step right to right side on straight leg bending left knee
- 7,8 Step left behind right on straight leg bending right knee, step right to right side on straight leg bending left knee

Rock & Hitch, Weave, Funky Square

- 1,2 Rock left over right, recover back onto right hitching left knee (Facing 9 O'clock)
- 3&4 Step left behind right, step right to right side, cross left over right (Facing 9 O'clock)
- 5,6 Step right to right side, (Facing 9 O'clock) make ¼ turn left stepping left to left side, (Facing 6 O'clock)
- 7,8& Make ¼ turn to left stepping right to right side, (Facing 3 O'clock) make ¼ turn to left stepping left to left side, stepping right next to left (Facing 12 O'clock)

RESTART: On Wall 5 stepping right next to left (Facing 12 O'clock)

Skate Left Skate Right, Side Shuffle Left, Rock And Slide Right, Hold & Cross

- 1,2 Skate left to left side, skate right to right side (Facing 12 O'clock)
- 3&4 Left side shuffle
- 5&6 Rock left over right, recover back onto left, take long step to the right
- 7&8 Hold, step left next to right, cross right over left

Hip Bumps Left, Right, Left, Rock Step Cross, ½ Turn Slide Together

- &1&2 Hitch left knee, step left to left side bumping hip left, bump hip right, bump hip left
- 3&4 Rock right behind left, recover onto left, step right to right side
- 5,6 Cross left over right, make ¼ turn left stepping back onto right (Facing 9 O'clock)
- 7,8 Make ¼ turn left taking long step to left side, step right next to left (Facing 6 O'clock)

Skate Left Skate Right, Side Shuffle Left, Rock And Slide Right, Hold & Cross

- 1,2 Skate left to left side, skate right to right side (FACING 6 O'CLOCK)
- 3&4 Left side shuffle
- 5&6 Rock left over right, recover back onto left, take long step to the right
- 7&8 Hold, step left next to right, cross right over left

Hip Bumps Left, Right, Left, Rock Step Cross, ¼ Turn Coaster Step

- &1&2 Hitch left knee, step left to left side bumping hip left, bump hip right, bump hip left
 - 3&4 Rock right behind left, recover onto left, step right to right side
 - 5,6 Cross left over right, make ¼ turn left stepping back onto right (Facing 3 O'clock)
 - 7,&8 Left coaster step (LRL) (Facing 3 O'clock)
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