# Rolling In The Deep

**Count:** 64 **Wall:** 2 **Level:** Intermediate
**Choreographer:** Maggie Gallagher (UK) - January 2011
**Music:** Rolling in the Deep - Adele

**Intro: 8 counts (6 secs)**

**S1: TOUCH & HEEL & CROSS & HEEL & KICK & TOUCH, BUMP FORWARD, BUMP BACK**

| | |
|---|---|
| 1&2 | Touch left next to right, Step back on left, Tap right heel forward on right diagonal |
| &3&4 | Step right next to left, Cross left over right, Step back on right, Tap left heel forward on left diagonal [11:00] |
| &5&6 | Step left next to right, Kick right forward, Step right next to left, Touch left in front of right [11:00] |
| 7-8 | Bump forward on to left knee, Bump back on to right [11:00] |

**S2: COASTER STEP, STEP HITCH TURN, WALK L, WALK R, LOCK STEP**

| | |
|---|---|
| 1&2 | Step back on left, Step right next to left, Step forward on left [11:00] |
| 3&4 | Step forward on right, Ronde hitch left knee across right, On ball of right spin 5/8 turn right [6:00] |
| 5-6 | Walk left, Walk right |
| 7&8 | Step forward on left, Lock right behind left, Step forward on left |

**S3: STEP PIVOT ½ , WALK, TRIPLE FULL TURN, STOMP R, FORWARD MAMBO STEP**

| | |
|---|---|
| 1-2-3 | Step forward on right, ½ pivot left, Walk forward on right [12:00] |
| 4&5 | Triple full turn right stepping left right left travelling forwards (alternative left shuffle) [12:00] |
| 6 | Stomp forward on right |
| 7&8 | Step forward on left, Step right in place, Step slightly back on left |

**S4: POINT & POINT, L SAILOR ¼ TURN, SAMBA STEP x 2**

| | |
|---|---|
| 1&2 | Point right to right side, Step right next to left, Point left to left side |
| 3&4 | ¼ turn left crossing left behind right, Step right to right side, Step left to left side [9:00] |
| 5&6 | Cross right over left, Rock left to left side, Recover on right |
| 7&8 | Cross left over right, Rock right to right side, Recover on left |

**S5: ROCK RECOVER, TRIPLE FULL TURN, ROCK RECOVER, FULL TURN LEFT**

| | |
|---|---|
| 1-2 | Rock forward on right, Recover on left |
| 3&4 | Full triple turn right stepping right left right (alternative right coaster step) [9:00] |
| 5-6 | Rock forward on left, Recover on right |
| 7-8 | ½ turn left stepping forward on left, ½ turn left stepping back on right [9:00] |

**S6: COASTER STEP, WALK R, L, STEP ½ TURN STEP, & WALK R, L**

| | |
|---|---|
| 1&2 | Step back on left, Step right next to left, Step forward on left |
| 3-4 | Walk right, Walk left |
| 5&6 | Step forward on right, ½ turn left stepping on left, Step forward on right [3:00] |
| &7-8 | Step left next to right, Walk right, Walk left |

**S7: POINT HITCH CROSS, POINT HITCH CROSS, ROCK RECOVER, BEHIND SIDE CROSS**

| | |
|---|---|
| 1&2 | Point right to right side, Hitch right knee over left, Cross right over left |
| 3&4 | Point left to left side, Hitch left knee over right, Cross left over right |
| 5-6 | Rock right to right side, Recover on left |
| 7&8 | Cross right behind left, Step left to left side, Cross right over left |

**S8: ROCK RECOVER, SAILOR ¼ TURN, ROCKING CHAIR & CROSS & HEEL &**

| | |
|---|---|
| 1-2 | Rock left to left side, Recover on right |
| 3&4 | Cross left behind right, ¼ turn right stepping forward on right, Step forward on left [6:00] |
| 5&6& | Rock forward on right, Recover on left, Rock back on right, Recover on left, |
| 7&8& | Cross right over left, Step back on left, Tap right heel forward, Step right next to left |

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