

# Good Day To Run

**COPPER** **KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Benny Ray (DK) - July 2011

**Music:** A Good Day to Run - Darryl Worley : (CD: Have You Forgotten)



## **4 X DIAGONAL STEP TOUCH**

- 1-2 Step forward to right diagonal, touch left next to right
- 3-4 Step back to left diagonal, touch right next to left
- 5-6 Step back to right diagonal, touch left next to right
- 7-8 Step forward to left diagonal, touch right next to left

## **R STEP, LOCK, STEP, SCUFF, L STEP, LOCK, STEP, SCUFF**

- 9-10 Step forward on right, lock left behind right
- 11-12 Step forward on right, scuff left forward
- 13-14 Step forward on left, lock right behind left
- 15-16 Step forward on left, scuff right forward

## **STEP, ½ TURN, STEP, HOLD, TRIPLE FULL TURN R**

- 17-18 Step forward on right, make ½ turn left
- 19-20 Step forward on right, hold
- 21-22 Make ½ turn right stepping back on left, make ½ turn right stepping forward on right
- 23-24 Step forward on left, hold

## **RUN FORWARD, TOUCH, RUN BACK, TOUCH**

- 25-26 Step forward right, step forward left
  - 27-28 Step forward right, touch left next to right
  - 29-30 Step back left, step back right
  - 31-32 Step back left, touch right next to left
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