Shake Them Boots

Level: Improver / Low Intermediate

Choreographer: Donna Manning (USA) - June 2012

Music: Shake It (feat. Big & Rich) - The Lacs

CROSS ROCK, BACK ROCK, CROSS, SIDE, BEHIND, ¼ TURN L

1,2,3,4 R Cross Rock (10:30), recover weight to L, R back rock (4:30), recover weight to L

hips still angled to 10:30

Count: 32

5, 6, 7, 8 Cross R over L, Step L to L side, Cross R behind L, Turn ¼ L stepping L foot forward (9:00)

1/2 TURN L, L FT SWEEP, STEP BACK, R FT SWEEP, R BACK ROCK, STEP, DRAG

- 1, 2 ¹/₂ Turn L Stepping back on R (sit slightly back on that R for stability) , Sweep L foot from front to back
- 3, 4 Step down on L foot, Sweep R from front to back
- 5, 6 R back rock, Recover weight to L
- 7, 8 Big step forward with R, drag L foot to meet R (don't change weight) (3:00)

BUMP, BUMP, STEP, DRAG, BUMP, BUMP, STEP, DRAG

- 1, 2 Keeping weight on R Bump L hip front, Bump R hip back
- 3, 4 Step L foot forward, Drag R foot to meet L (don't change weight)
- 5, 6 Keeping weight on L Bump R hip front, Bump L hip back
- 7, 8 Step R foot forward, Drag L foot forward to meet R (3:00)

STEP FORWARD, ¼ TURN R, CROSS, KICK, KICK, ROCK RECOVER, HITCH

- 1, 2, 3 Step L foot forward, 1/4 Turn R (taking weight over rotate), Step L foot across
- 4, 5 R foot low kick to 7:30 twice
- 6, 7 R Back Rock (1:30), Recover weight to L
- 8 R hitch from back to front body will be angled facing 7:30 then finishing facing 4:30 (6:00)

Styling hint- toes pointed down - that flat foot isn't appealing, keep foot close to L leg

END OF DANCE! HAVE FUN! SMILE!

REPEAT! - NO tags or restarts

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You may copy this step sheet as is. No alterations may be made without permission from Donna.

Last Revision - 6th July 2012





Wall: 2