Through The Grapevine



Count: 32 Wall: 2 Level: Low Intermediate - Smooth WCS

Choreographer: Ronald "RONNIE" Grabs (DE) - January 2013

Music: I Heard It Through the Grapevine - Michael McDonald



FWD. WALK-WALK / ENGLISH CROSS / SIDE ROCK / BEHIND-SIDE-CROSS

1,2	step right foot forward, step left foot forward	ard
1.4	Sico Halli loot loi wala. Sico loit loot loi wa	uu.

&3-4 1/8 turn left stepping right diagonally forward (12:00), cross step left foot in front of right, 1/8

turn right stepping right foot forward,

5,6 rock left foot to left side, recover weight on right foot,

7&8 cross step left foot behind right, step right foot to side, cross step left foot in front of right,

SWAY R / SWAY L-R-L / SAILOR STEP / SAILOR 1/4 TURN L

step right foot to right side and sway hips to right, hold, sway hips to left, sway hips to right, sway hips to left,

5&6 cross step right foot behind left, step left foot to left side, step right foot diagonally forward,

7&8 cross step left foot behind right, 1/4 turn left stepping right foot next to left, step left foot

forward,

FWD. WALK-WALK / ANCHOR STEP / STEPPING 3/4 TURN L / SAILOR STEP

1,2 step right foot forward, step left foot forward,

3&4 cross step right foot behind left, recover weight on to left foot, step right foot slightly back,

5,6 1/2 turn left stepping left foot forward, 1/4 turn left stepping right foot to side,

7&8 cross step left foot behind right, step right foot to right side, step left foot diagonally forward,

CROSS ROCK / SWEEP-SAILOR 1/2 TURN R / CROSS-HOLD / SIDE MAMBO-TOUCH

1,2 cross rock right foot in front of left, recover weight on to left,

3&4 sweep right foot back starting 1/2 turn right cross step right behind left, step left foot next to

right, finish 1/2 turn right stepping right foot diagonally forward,

5-6 cross step left in front of right and hold,

7&8 rock right foot to right side, recover weight on to left foot, toe touch right foot next to left,

REPEAT