Won't Back Down

Count: 80 **Wall:** 1 **Level:** Advanced - Hip-Hop
Choreographer: Guyton Mundy (USA) & Roy Hadisubroto (NL) - January 2013
Music: Won't Back Down (feat. P!nk) - Eminem

Dance starts on vocals

[1-8] Forward Sailors, ¼ Turn, ½ Turn With Big Step Forward With Pull, Back Steps

1&a	step right behind left, step together with left, step forward on right.
2&a	step left behind right, step together with right, step forward on left.
3&a	step right behind left, make a ¼ turn to the left stepping forward on left, step forward on right as you bring both arms up at chest level extended forward.
4	make a half turn pivot over left as arms circle around and pull into chest.
5,6	take a big step ford on left foot step down on right.
7&a	high step back left right left.
8&a	high step back right left right.

[9-16] Skate Steps, ¼ Turn Drop, Back, Back, Back, Skate Steps, Drop, Back, Back, Back

1,2,3	step diagonally forward to left on left, step diagonally forward to the right on right, make a ¼ turn to left stepping down on left as you drop down slightly.
4&a	step back right left right as you rise back up.
5,6,7	step diagonally forward on left to left, step diagonally forward to right on right, step forward on left as you drop down slightly.
8&a	step back right left right as you rise back up.

[17-24] Kick, Together, Step, Together With Drop, Knee Pop, Up, Out, Out, Kick, Together, Hitch, Cross Down, Up, Side Step, Together, Side Step, Together, Back, ¼ Turn With Arms, Ball Rock,

1&a2	hop back slightly on left as you kick right forward, step down forward on right step together with left as you drop down slightly with bent knees
&a3	pop right knee out to right bring right knee back in raise up
&a4	step left out to left step right out to right step diagonally back on your left as you kick right forward to the right diagonal
&a5	step down on right, cross left over right as you slightly drop raise up
6&a7	rock right out to right, step right next to left, rock left out to left, touch left next to right
&a8	step back on left, step right to right side as you bring left arm up across body bent at elbow right hand on back of left hand, circle arms from right around to left, as you circle from right to left make a ¼ turn to left.
&a	bring right to left, step forward on left as you press forward on the ball of left foot.

[25-32] Press Off, Back, ¼ Turn Out, Arm Hit, Up, Back, Back, Back, Tut, Side Cross Side, Arm Wave

1,2	press off ball of left as you step back on right, step back on left
&a3	¼ turn to right stepping right to right side, step left out to left, slap both hands on thighs and raise them up above head
4&a5	step back left right left, step right out to right side as both hands come down to either thigh
&a6	raise left arm bent at elbow going forward as you bring right arm across to back of left hand, pull left arm in crossing over body put first two fingers of left hand into palm of right, make a clockwise circle with hands down and to the right and back up keeping fingers into palm
&a7	extend right arm out to right side leaving left arm where it is palm facing inward as you rock to right, bring right palm into two fingers of left hand take left hand out to left side leaving right hand where it met up with the two fingers of left hand, bring left hand into right as you step down on right
&a	cross left over right, step right to right side,

8&a	drag left foot into right as you raise right arm up to right side and then up forward as you flick your hand in a rolling motion a ¼ of a turn up as if you're shoeing something away

[33-40] Side Step, Cross Back Side, Cross Back Side, Cross Side, Heel Toe, Drag, Step Scuff Back, Scuff Step, Body Pops

1,2&a	step left to left, cross right over left, step back on left, step right to right
3&a4	cross left over right, step back on right, step left to left side, cross right over left,
&a5	step left to left side, swivel left toe to left, step right to right as you drag left to right
6a7	step down on left as you flick right back, scuff right toe forward, step down forward on right
&a	pop chest out, drop slightly down as you lean slightly forward,
8&a	lean slightly back, straighten up tall, drop slightly as you lean forward with weight on right foot mainly

[41-48] Big Step With Arm Throw, Step, Step, Step, Step, Drop, ¼ Turn Step, Side Step, Arm Hits, Head Rolls

1a2	push off right as you make a ½ turn to left as you throw right arm back and down stepping forward on left, step forward on right, step out on left
a3	step forward on right, step left out to left
&a4	drop down slightly, make a ¼ turn pivot to left, step together with right
5,6&a	step left to left side as you hunch over slightly , extend left arm out to left with fist with index finger pointing back at you, bring right arm forward and cover up left hand with right palm, throw right arm back,
7&a	bring right arm back forward like you're hitting it on a table with closed fist, hit left as down slightly like you're hitting a table with closed fist, repeat with right one more time
8&a	roll head in a clock wise rotation 3 times, while still hunched over

[49-56] Scuff, Toe Taps, ¾, Step Step, ¼ Turn Step Together, Tut

1&a	scuff right foot forward, tap right next to left, tap right next to left
2,3	step down on right as you stand up straight, push off right as you make a ¾ turn over left on left,
4&a	step forward on right, step forward on left, make a ¼ turn to left as you bring right next to left
5&a	bend over at waist as you extend arms down and bring palm together, bend hands at wrist so fingertips are touching and palms facing up. Rotate hands so that fingers are pointing behind you.
6&a	roll fingertips down towards the floor then back up as you stand up straight, then roll fingers slightly forward arms should end up slightly out on either side bent at elbows (6), step left to left side as you turn left hand in to you a ¼ turn and right hand comes across and cups over the left hand, pull left hand down with right so that left hand is at chest level with elbow pointing out to left
7&a	slide right hand down the back of left until fingertips are touching, fold left hand down into right so that palms are together. Keeping fingers together rotate right hand so that palm faces out and fingertips are pointing to the left while rotating left hand so that the palm is facing in and the fingers are pointing to the right while extending thumbs on both hands, right thumb pointing down, left thumb pointing up. (fingers should be overlapping)
8&a	slide hands together so fingers are inside palms but not past the thumbs, slide right hand up and left hand down until index fingers and thumbs are touching and you have a box, slide hands together until thumbs come together,, slide right hand up and left down until thumbs tips come together.

[57-64] Tut, Leg Hit, Wave, Ball Side Rock/Recover, Arm Hits, Side Hop

1,a	rotate left hand and right hand down until hands come together in the pray position in front of you, rotate hands out and down so finger tips are pointing down as you slightly lean over forward.
2&a3	Slightly bring right foot up as if to kick your right hand, raise right hand up to face as you step back down out on right, take right hand away from face to right as you look to the right, in a waving motion take right arm across in front of you to the left leading with fingertips like they are going over small ripples

4&a	pull right arm back to right, step left to right, rock right to right side as you continue to pull right arm out to right
5,6,7,8	extending right arm out to right bring right arm over in a counter clock wise rotation as you step left to left side, your arm will continue to make a circle in a CCW rotation, on each whole count it should pass be your head, almost like your swinging to hit your head and on each whole count slightly tilt head to the left.

Your first rotation will start on the count 5 and continue around for count 6 and so on for the next 2 counts

&a a	s your hand come around after the last rotation continue the momentum with your arm out and to the right as you hop 2 times to the right on the right foot

[65-72] Skates, Arm Pops With ¼ Turn, Hand Flick

1,2,3	skate forward left, right, left
4&a	step back right, left, right
5&a	step forward on left to the left diagonal as you punch arms forward and crossing right over left, step together with right as you pull arms back as you turn wrist up, step together with left finishing a ¼ turn to left as you punch arms forward and crossing them right over left,
6&a	step together with right as you pull arms back and hit thighs, punch arms forward like your grabbing something, pull arms back,
7&a	punch arms forward and crossing right over left, bring arms back and hit thighs, clap,
8&a	raise right hand out and up to the right as you flick your hand in a rolling motion a ¼ of a turn up as if you're shooing something away.

[73-80] Arm Hits With ½ Turn Look, Scuff With Big Step, Big Step, Body Rolls, Arm Hits

1&a2	step back on right as you make a ½ turn to the right as you extend both arms forward index fingers pointing up and bring them together side by side, leave left hand forward as you bring right hand back and in front of mouth with finger over lips as if to tell someone to be quiet. turn head to right as you take hand back to the right, turn head back to front and bring hand back to in front of lips..
&a3 4	Extend right arm back forward and bring fingertips together as you hitch up right leg, take a big step forward on right, drag left to right, take a big step back on left
5,6,7	step forward on right as you body roll down from shoulder to hips on each whole count
8&a	punch hands forward and slightly up as you cross right over left, pull arms back to sides, punch arms forward and slightly down as you cross right over left.

END OF DANCE!!!!

This is a tough one, all about the styling. I think the next time I do one of these the step sheets will say "See Video". LOL