Count: 32 Wall: 4
Level: Intermediate
Choreographer: Vicky St. Pierre (CAN) - April 2013
Music: Madness - Muse : (Album: The 2nd Law)

Dance starts on main vocals - After 16 Count Intro
[1 to 8] Cross L, Spiral Turn, Side Together Side RLR , Touch L, Point L, $1 / 4$ left on L, Full Turn left RL, Step R, Scuff L
123 \& 4 1- Cross $L$ in front of $R$, 2- Spiral full turn to right ending with weight on $L$, 3- Step $R$ to side, \&- Step L together, 4- Step R to side, 12:00
\& 56 \&- Touch $L$ together, 5 - Point $L$ out to side (torque upper body for left turn), 6- Turn 1/4 left stepping L fwd 9:00
7 \& 8 \& 7- Turn 1/2 left stepping back on R \&- Turn 1/2 left stepping fwd on L, 8-Step fwd on R, \&Scuff L 9:00
[9 to 16] Press L, Recover R, Left Coaster w/ L kick, Step Left, Step Right, Pivot $1 / 2$ Left, Lock step RLR
123 \& 4 1- Press fwd on L, 2- Recover to R, 3- Step L back, \&- Step R together, 4- Kick L fwd 9:00
\& 56 \&-Step L fwd, 5- Step R fwd, 6- Pivot 1/2 left taking weight fwd on $L$ 3:00
7 \& 8 7-Step R fwd, \&- Step L behind right (lock step), 8- Step R fwd 3:00
[17 to 24] 1/4 Rock, $1 / 4$ Recover, Lock Step w/ two $1 / 4$ turns LRL, Step $1 / 4$ turn R, Point L, Recover L w/ 1/4 turn, Side-Together-Cross RLR
12 1- Turn 1/4 right and rock $L$ to side, 2- Turn 1/4 right as you recover to $R$ 9:00
$3 \& 43$ - Turn $1 / 4$ right stepping $L$ to side, \&- Turn 1/4 right stepping $R$ across $L$ (lock step), 4- Step L back 3:00
\& 56 \&- Turn $1 / 4$ right stepping $R$ to side, 5 - Point $L$ out to side, 6- Turn $1 / 4$ left stepping fwd on $L$ 3:00
7 \& 8 7- Step R to side, \&- Step L together, 8- Cross R in front of left 3:00
[25 to 32] Side-Together-Cross LRL, Full turn RL, Step R, Step L, Right 3/8 turn on R, 1/4 Rock L, 1/4 Recover R, Rock-Recover LR, Hitch
1 \& $2 \quad$ 1- Step $L$ to side, \&- Step $R$ together, 2- Cross $L$ in front of right towards diagonal (4:30) 4:30
$34 \& 53$ - Turn $1 / 2$ left stepping back on R, 4- Turn 1/2 left stepping fwd on L, \&- Step R fwd, 5-Step $L$ fwd (torque upper body to left) 4:30
67 \& 6- Turn 3/8 right stepping fwd on $R(9: 00), 7-$ Turn 1/4 right rocking L to side, \&- Turn 1/4 right recovering weight on R 3:00
8 \& 8- Rock L to side, \&- Recover weight on R / Hitching L knee crossing over right 3:00
Restarts: On 4th and 8th walls - after 16 counts / after Lock Step forward RLR (Listen for the singer humming) 12:00

Dance your way through life!
Last Revision - 16th June 2013

