Sugar Mama

Count: 64 **Wall:** 2 **Level:** Easy Intermediate
Choreographer: Robbie McGowan Hickie (UK) - December 2012
Music: Bring On the Teardrops - Boy Howdy

16 Count intro

Alt.: "Sugar and Pai" by The Boots Band (132 bpm…16 Count intro)
Both tracks available as Download from iTunes

Chasse Right. Back Rock. 4 Count Vine Left.

1&2	Step Right to Right side. Close Left beside Right. Step Right to Right side.
3 – 4	Rock back on Left. Rock forward on Right.
5 – 8	Step Left to Left side. Cross Right behind Left. Step Left to Left side. Cross step Right over Left.

Chasse Left. Back Rock. Vine Right with 1/4 Turn Right. Scuff.

1&2	Step Left to Left side. Close Right beside Left. Step Left to Left side.
3 – 4	Rock back on Right. Rock forward on Left.
5 – 6	Step Right to Right side. Cross Left behind Right.
7 – 8	Make 1/4 turn Right stepping forward on Right. Scuff Left forward. (Facing 3 o'clock)

Forward Rock. Step Back. Cross. Back. Side. Cross Rock.

1 – 2	Rock forward on Left. Rock back on Right.
3 – 4	Step back on Left. Cross step Right over Left.
5 – 6	Step Left Diagonally back Left. Step Right to Right side.
7 – 8	Cross rock Left over Right. Rock back on Right.

1/4 Turn Left. Hold. Step. Pivot 1/2 Turn Left. 2 x Walks Forward. Step. Pivot 1/2 Turn Left.

1 – 2	Make 1/4 turn Left stepping forward on Left. Hold.
3 – 4	Step forward on Right. Pivot 1/2 turn Left. (Facing 6 o'clock)
5 – 6	Walk forward on Right. Walk forward on Left.
7 – 8	Step forward on Right. Pivot 1/2 turn Left. (Facing 12 o'clock)

Diagonal Step Forward. Together. Heel Swivel. Diagonal Step Forward. Touch. Step Back. Touch.

1 – 2	Long step Right Diagonally forward Right. Slide Left beside Right.
3 – 4	Swivel both heels out to Right side. Swivel both heels back to centre. (Weight on Right)
5 – 6	Step Left Diagonally forward Left. Touch Right toe beside Left.
7 – 8	Step Right Diagonally back Right. Touch Left toe beside Right.

Left Side Rock. Recover 1/4 Turn Right. Step Forward. Hold. Forward Rock. 2 x 1/2 Turns Right.

1 – 2	Rock Left out to Left side. Recover weight on Right making 1/4 turn Right.
3 – 4	Step forward on Left. Hold. (Facing 3 o'clock)
5 – 6	Rock forward on Right. Rock back on Left.
7 – 8	Make 1/2 turn Right stepping forward on Right. Make 1/2 turn Right stepping back on Left.

Easier option: Counts 7 – 8 above … Step back on Right. Step back on Left.

Back Rock. 2 x Heel Grinds Forward. Step. Pivot 1/4 Turn Left.

1 – 2	Rock back on Right. Rock forward on Left.
3 – 4	Dig Right heel forward – toes pointing Left. Grind heel fanning toes Right, taking weight on Right.
5 – 6	Dig Left heel forward – toes pointing Right. Grind heel fanning toes Left, taking weight on Left.

7 – 8 Step forward on Right. Pivot 1/4 turn Left. (Facing 12 o'clock)

Cross. 2 x 1/4 Turns Right. Cross. Dwight Swivels Right.

1 – 2 Cross step Right over Left. Make 1/4 turn Right stepping back on Left.
3 – 4 Make 1/4 turn Right stepping Right to Right side. Cross step Left over Right.
5 Swivel Left heel Right touching Right toe beside Left.
6 Swivel Left toe Right touching Right heel Diagonally forward Right.
7 Swivel Left heel Right touching Right toe beside Left.
8 Swivel Left toe Right touching Right heel Diagonally forward Right.

Start Again

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