No Goodbyes

Count: 40 **Wall:** 4 **Level:** Advanced
Choreographer: Scott Blevins (USA) & Nicola Lafferty (UK) - May 2014
Music: This Ain't Goodbye - Train : (Album: Save Me, San Francisco)

16 count intro to start with the lyrics

SEQUENCE: 40 – 40 – 16 counts with variation and Restart – 40 – 40 – 32 – 4 count Tag A - 16 – 4 count Tag B – 32 – 32 – 32
NOTE; Where the sequence lists 40 you will dance 1- 40&. Where it lists 32 you will dance 1-32&.

[1–8] SIDE, BACK, BEHIND, SIDE, FWD, FWD, ROCK, RECOVER, ½ LEFT, ½ LEFT, ½ LEFT, FWD BALL

1-2&3	1) Step L to left; 2) Step R back; &) Step L behind R; 3) Step R to right
4&5-6	4) Step L forward; &) Step R forward; 5) Rock L forward; 6) Recover to R
7&8&	7) Turn ½ left stepping L forward; &) Turn ½ left stepping R back; 8) Turn ½ left stepping L forward; &) Step ball of R forward

[9-16] TOGETHER, BACK, BACK, BACK, ¼ LEFT, ¼ LEFT, LUNGE, ¼ LEFT, STEP, PIVOT, PREP, HALF RIGHT

1-2	1) Step ball of L next to R rising up on toes; 2) Step R back
3&4&	3) Step L back; &) Step R back; 4) Turn ¼ left stepping L to left; &) Turn ¼ left touching R beside L [12:00]
5-6	5) Lunge on R to right while slightly twisting upper body to right and reaching left arm toward 1:00; 6) Turn ¼ left taking weight on L [9:00]
7&8&	7) Step R forward; &) Turn ½ left taking weight on L [3:00] 8) Step R forward; &) Turn ½ right stepping L back [9:00]

[17-24] ¼ RIGHT, RUN, RUN, RUN, BACK, BACK, ¼ RIGHT, TWIST, TWIST, ¾ LEFT, STEP, LOCK

1-2&3	1) Turn ¼ right stepping R to right [12:00]; 2) Step L forward on a diagonal toward 1:00; &) Step R forward on a diagonal toward 1:00; 3) Step L forward on a diagonal toward 1:00
4&5	4) Step R back toward 7:00; &) Step L back toward 7:00; 5) Turn ¼ right stepping R to right ending with feet in 2nd position, bring arms up, with elbows bent, hands fisted and near head level, twisting upper body from waist up to the right [5:00]
6&7	6) Arms still up, twist upper body from waist up to the left; &) Arms still up, twist upper body from waist up to the right; 7) Arms still up, turn ¾ left on L foot [7:00]
8&	8) Step R forward toward 7:00 bringing arms down; &) Step ball of L to R heel

[25-32] SWEEP, CROSS, ¼ LEFT, ¼ LEFT, CROSS ROCK, RECOVER, ¼ RIGHT, STEP, PIVOT, STEP, ½ RIGHT

1	1) Step R forward toward 7:00 and sweep L forward turning 3/8 right on R [12:00];
2&3	2) Step L across R; &) Turn ¼ left stepping R back; 3) Turn ¼ left stepping L to left [6:00]
4&5	4) Rock R across L; &) Recover to L; 5) Turn ¼ right stepping R forward [9:00]
6-7-8&	6) Step L forward; 7) Turn ½ right taking weight on R [3:00]; 8) Step L forward; &) Turn ½ right taking weight on R [9:00]

[33–40] SIDE, BACK ROCK, RECOVER, SIDE, BEHIND, SIDE, CROSS ROCK, REACH, RECOVER, SIDE, CROSS

1-2&3	1) Step L to left; 2) Rock right behind L; &) Recover to L; 3) Step R to right
4&5	4) Step L behind R; &) Step R to right; 5) Lunge L across R toward 11:00
6-7	6) Rotating from waist up, twist body to left and reach R arm toward 11:00; 7) Recover to R bringing arm and body to center
8&	8) Step L to left; &) Step R across L

16 count Restart with variation:

You will be facing the back wall when you start this section and you will still be facing the back wall when you restart.
Dance counts 1-15& as written then replace counts 16& with the following:-
16) Turn ¼ left stepping R to right; &) Touch L next to R. Now restart from the top of the dance.

4 count Tag A:
You will have finished dancing the first 32& counts of the dance and will be facing the original 9 O'clock wall.
1) Step L to left; 2-4) Circle hips anti-clockwise ending with weight on R and touch L next to R. Restart from the top of dance.

4 count Tag B:
You will have finished dancing the first 16& counts of the dance and will be facing the original 6 O'clock wall.
1) Turn ¼ right stepping R to right [original 9 O'clock wall]; 2-4) Touch L toe next to R and slowly lower by bending R knee.
Restart from top of dance as you straighten R knee.

Copyright © 2014 Scott Blevins (scott@scottblevins.com) All rights reserved