

Done Runnin'

Count: 60 Wall: 2 Level: Intermediate waltz

Choreographer: Jo Kinser & Ruben Luna. May 2017

Music: Done Runnin' by Nashville Cast (Feat. Chaley Rose) (3:46) BPM: 138. iTunes



Start on the vocals (0:20) 24 counts from the heavy beat.

[1-6]L Fwd-Touch-Hold, R Back-Touch-Hold

- 1,2,3 Step L fwd, Slide R foot up to L instep slightly bending R knee, Hold (Upper body 1:30)
4,5,6 Step R back, Slide L foot up to R instep slightly bending L knee, Hold

[7-12]3/4 Turn L, R Twinkle

- 1,2,3 Step L fwd, Make 1/2 turn L stepping R back (6:00), Make 1/4 turn L stepping L to L (3:00)
4,5,6 Cross R over L, Rock L to L, Recover onto R (4:30)

[13-18]Weave R, Sway R-Hold

- 1,2,3 Step L over R, Step R to R, Step L behind R
4,5,6 Step R to R swaying upper body R, Slide L up to R over two counts bringing R arm out to R side

[19-24]Sway L-Hold, 1 1/4 Turn R

- 1,2,3 Step L to L swaying upper body L, Slide R up to L over two counts (Upper body 1:30)
4,5,6 Make 1/4 turn R stepping R fwd (6:00), Make 1/2 turn R stepping L back (12:00),
Make 1/2 turn R stepping R fwd (6:00)

***Restart Here on Wall 3 to begin Wall 4 6:00**

[25-30]L Fwd-Sweep R, R Reverse Twinkle

- 1,2,3 Step L fwd, Sweep R from back to front over two counts
4,5,6 Cross R over L, Step L back, Step R to R (7:30)

[31-36]L Reverse Twinkle, Twinkle 1/4 Turn R

- 1,2,3 Cross L over R, Step R back, Step L to L (4:30)
4,5,6 Cross R over L, Make 1/4 turn R stepping L back (9:00), Step R to R (11:30)

[37-42]L Cross-Rock-Side, R Cross-1/4 Turn R

- 1,2,3 Cross Rock L over R, Replace weight R, Step L to L
4,5,6 Cross R over L, Replace weight L, Make 1/4 turn R stepping R fwd (12:00)

[48-54]Spiral Full Turn Fwd R, Fwd 1/2 Turn R

- 1,2,3 Step L fwd, Make Full Turn Spiral over the R shoulder
4,5,6 Step R fwd, Step L fwd and make 1/2 turn R (6:00), Step R fwd

***Restart Here on Wall 6 to begin Wall 7 12:00**

[55-60]L Twinkle, R Twinkle Fwd

1,2,3 Step L over R (7:30), Step R to R, Step L fwd (4:30)

4,5,6 Step R over R, Step L to L squaring up to (6:00), Step R fwd

[55-60]Chase 1/2 Turn L, Chase 1/2 Turn R

1,2,3 Step L fwd, Step R fwd making 1/2 turn L, Step L fwd (12:00)

4,5,6 Step R fwd, Step L fwd making 1/2 turn R, Step R fwd (6:00)

***Ending Wall : Repeat 1-6 facing 12:00:**

Last wall begins facing front (12:00), do counts 1-6 and pose.

Be guided by the music and enjoy!!!!