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| Magdalena (馬格莉娜) (zh) |  |

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| **拍数:** | 64 | **墙数:** | 4 | **级数:** | Phrased Intermediate | . |
| **编舞者:** | Amy Yang (TW) - 2016年05月 |
| **音乐:** | Magdalena - Demis Roussos |
| . |

**Intro : 16 counts**

**Sequence of dance : A A A(24) B B / A A A(16) A A(24) B B / A A(16) / B B B(16)**

**PART A - 32 counts**

**Sec. A1: SIDE, RECOVER, CROSS SHUFFLE, 1/2 TURN R, CROSS SHUFFLE**

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| 1-2,3&4 | Step RF to R, Recover onto LF, Cross RF over LF, Step LF to L, Cross RF over LF |

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| 5-6,7&8 | 1/4 turn R stepping backward on LF, 1/4 turn R stepping RF to R, RF, Cross LF over RF, Step RF to R, Cross LF over RF (06:00) |

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| 1-2, 3&4 | 右足右踏, 重心回左足, 右足交叉左足前, 左足左踏, 右足交叉左足前 |

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| 5-6,7&8 | 右轉1/4左足後踏,右轉1/4右足右踏,左足交叉右足前,右足右踏,左足交叉右足前 (06:00) |

**Sec. A2: VAUDEVILLE STEPS(R&L)**

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| 1-2&3 | Step RF to R, Step LF back, Step RF to R, Touch LF heel forward diagonal L |

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| &4 | Step LF back, Cross RF over LF |

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| 5-6&7 | Step LF to L, Step RF back, Step LF to L, Touch heel forward giagonal R |

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| &8 | Step RF back, Cross LF over RF |

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| 1-2&3 | 右足右踏,左足後踏,右足右踏,左足腳腫點於左斜前 |

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| &4 | 左足後踏,右足交叉左足前 |

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| 5-6&7 | 左足左踏,右足後踏,左足左踏,右足腳腫點於右斜前 |

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| &8 | 右足後踏,左足交叉右足前 |

**Sec. A3: HEEL, HOLD, BESIDE(R&L), HEEL SWITCHES STEPS**

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| --- | --- |
| 1-2& | Touch RF heel forward, Hold, Step RF beside LF |

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| 3-4& | Touch LFheel forward, Hold, Step LF beside RF |

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| 5&6& | Touch RF heel forward, Step RF beside LF, Touch LF heel forward, Step LF beside RF |

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| 7 – 8 | Touch RF heel forward, Hold and clap |

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| 1-2& | 右足腳腫前點,停拍,右足併於左足旁 |

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| 3-4& | 左足腳腫前點,停拍, 左足併於右足旁 |

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| --- | --- |
| 5&6& | 右足腳腫前點,右足併於左足旁,左足腳腫前點,停拍, 左足併於右足旁 |

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| 7 - 8 | 右足腳腫前點,停拍及拍手 |

**Sec. A4: CROSS, POINT(R&L), JAZZ BOX 1/4 TURN R**

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| --- | --- |
| 1 – 4 | Cross RF over LF, Point LF to L, Cross LF over RF, Point RF to R |

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| 5 – 8 | Cross RF over LF, 1/4 turn R step back on LF, Step RF to R, Step LF forward(09:00) |

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| 1 – 4 | 右足交叉左足前,左足側點,左足交叉右足前,右足右側點 |

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| 5 – 8 | 右足交叉左足前,右轉1/4左足後踏,右足右踏,左足前踏(09:00) |

**PART B - 32 counts**

**Sec. B1: SIDE, BESIDE, SIDE, TOUCH(R&L)**

|  |  |
| --- | --- |
| 1 – 4 | Step RF to R, Step LF beside RF, Step RF to R, Touch LF beside RF |

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| --- | --- |
| 5 – 8 | Step LF to L, Step RF beside LF, Step LF to L, Touch RF beside L F |

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| 1 – 4 | 右足右踏,左足併於右足旁, 右足右踏,左足點收於右足旁 |

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| 5 – 8 | 左足左踏,右足併於左足旁, 左足左踏,右足點收於左足旁 |

**Sec. B2: 1/4 TURN L, SIDE, BESIDE, SIDE, TOUCH, SIDE(R&L)**

|  |  |
| --- | --- |
| 1 – 4 | 1/4 turn L step RF to R, Step LF beside RF, Step RF to R, Touch LF beside RF(03:00) |

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| 5 – 8 | Step LF to L, Step RF beside LF, Step LF to L, Touch RF beside L F |

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| 1 – 4 | 右轉1/4右足右踏,左足併於右足旁, 右足右踏,左足點收於右足旁(03:00) |

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| 5 – 8 | 左足左踏,右足併於左足旁, 左足左踏,右足點收於左足旁 |

**Sec. B3: CROSS, RECOVER, SIDE CHASSE(R&L)**

|  |  |
| --- | --- |
| 1 – 4 | Cross RF over LF, Recover onto LF, Step RF to R, Step LF beside RF, Step RF to R |

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| 5 – 8 | Cross LF over RF, Recover onto RF, Step LF to L, Step RF beside LF, Step LF to L |

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| 1 – 4 | 右足交叉左足前,重心回左足,右足右踏,左足併於右足旁,右足右踏 |

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| 5 – 8 | 左足交叉右足前,重心回右足,左足左踏,右足併於左足旁,左足左踏 |

**Sec. B4: FORWARD, TOUCH, BACKEARD, TOUCH(L&R), FORWARD, TOUCH**

|  |  |
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| 1 – 4 | Step RF forward R diagonal, Touch LF beside RF and clap, Step LF backward L diagonal, Touch RF beside LF and clap |

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| 5 – 8 | Step RF backward R diagonal, Touch LF beside RF and clap, Step LF forward L diagonal, Touch RF beside LF and clap |

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| 1 – 4 | 右足右斜前踏,左足點收於右足旁及拍手,左足左斜後踏, 右足點收於左足旁及拍手 |

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| 5 – 8 | 右足右斜後踏, 左足點收於右足旁及拍手,左足左斜前踏, 右足點收於左足旁及拍手 |

**Start again**

**Ending : During wall 17, after 16counts, Then Cross RF over LF, 3/4 turn L (facing 12:00)**

**結束: 在第十七面牆,跳跳16拍,然後右足交叉左足前,左轉 3/4 (面向12:00)**

**Have Fun & Happy Dancing!**

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**Last Update – 7th May 2016**