

# Teresa's Rumba (zh)

COPPER KNOB  
BYEPOSTETS

拍数: 32      墙数: 2      级数: Absolute Beginner  
编舞者: Adrian Helliker (FR) - 2017年08月  
音乐: Xin Zhong Xi Huan Jiu Shuo Ai (心中喜歡就說愛) - Teresa Teng (鄧麗君)



Intro: 40 Counts into track

## [1-8] RIGHT LEFT RUMBA BOX, FORWARD, HOLD, BACK, HOLD

1-2            Step right to side, step left next to right 右足右踏, 左足併踏  
3-4            Step right forward, hold 右足前踏, 候  
5-6            Step left to side, step right next to left 左足左踏, 右足併踏  
7-8            Step left back, hold (Restart Here) 左足前踏, 候 (重新启动这里)

Easily Restart, dance on wall 4 up to 8 counts and start from scratch (12:00)  
轻松重新启动, 在墙4跳舞高达8计数, 从头开始重新启动 (12:00)

## [9-16] RIGHT COASTER STEP, HOLD, LEFT STEP, LOCK, STEP

1-2            Step back on Right, step Left beside Right 右后退一步, 左下一步右  
3-4            Step right forward, hold 右前方一步, 持有  
5-6            Step left forward, lock right behind left 步骤左前锋, 身后左锁右  
7-8            Step forward left, hold 左一步, 持有

## [17-24] ¼ PADDLE TURN LEFT TWICE, JAZZ BOX, CROSS

1-2            Step right forward, ¼ turn left (Weight on left) 右前方一步, ¼左转 (左重量)  
3-4            Step right forward, ¼ turn left (Weight on left) 右前方一步, ¼左转 (左重量)  
5-6            Cross right over left, step back on left 交叉右前左, 左退一步  
7-8            Step right to right side, cross left over right 步骤权右侧, 横遗留右

## [25-32] REVERSE RUMBA BOX

1-2            Step right step side, left together next to right 右步骤侧, 左一起旁边右  
3-4            Step right back hold 右后退一步持有  
5-6            Step left to left side, right together beside left 左步左边, 右边一起在左边  
7-8            Step left forward hold 左向前迈进了一步持-持有