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| --- | --- |
| J C Hustle |  |

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| . | | | | | | |
| **Count:** | 40 | **Wand:** | 2 | **Ebene:** | Intermediate | . |
| **Choreograf/in:** | Leslie Sinclair (USA) | | | | |
| **Musik:** | 455 Rocket - Kathy Mattea | | | | |
| . | | | | | | |

**WALK, WALK, TOE TUCK, COASTER STEP, KICK-BALL-CHANGE**

**Counts 1-4 are the lady's footwork for a west coast swing sugar push**

|  |  |
| --- | --- |
| 1-3 | Walk right, left, tuck (touch) right toe |

|  |  |
| --- | --- |
| 4 | Step back on right foot |

|  |  |
| --- | --- |
| 5&6 | Coaster step (left-right-left) ending with weight on left foot |

|  |  |
| --- | --- |
| 7&8 | Kick-ball-change (right-left-right) ending with weight on left foot |

**SHUFFLES, PIVOT TURNS, STOMP, HOLD**

|  |  |
| --- | --- |
| 1&2 | Shuffle right-left-right |

|  |  |
| --- | --- |
| 3 | Step forward on left foot |

|  |  |
| --- | --- |
| 4 | Pivot turn right |

|  |  |
| --- | --- |
| 5 | Step forward on left foot |

|  |  |
| --- | --- |
| 6 | Pivot turn right |

|  |  |
| --- | --- |
| 7 | Stomp left foot next to right foot |

|  |  |
| --- | --- |
| 8 | Hold (shift weight to left foot) |

**LEG CROSS, HOLD, FULL TURN, TOE HEEL, TOE HEEL**

|  |  |
| --- | --- |
| 1 | Cross right foot over left foot |

|  |  |
| --- | --- |
| 2 | Hold |

|  |  |
| --- | --- |
| 3-4 | Turn left full turn in place (unwind) |

|  |  |
| --- | --- |
| 5-6 | Step on right toe, down on right heel (in place) shifting weight to right foot |

|  |  |
| --- | --- |
| 7-8 | Step on left toe, down on left heel (in place) shifting weight to left foot |

**STEP BACK(S), CROSS, HOLD, ½ TURN, STOMP, HOLD**

|  |  |
| --- | --- |
| 1 | Step back on right foot |

|  |  |
| --- | --- |
| 2 | Step back on left foot |

|  |  |
| --- | --- |
| 3 | Step back on right foot |

|  |  |
| --- | --- |
| 4 | Step left foot next to right foot (shifting weight to left foot) |

|  |  |
| --- | --- |
| 5 | Cross right foot over left foot |

|  |  |
| --- | --- |
| 6 | Hold |

|  |  |
| --- | --- |
| 7 | Turn ½ turn to left (unwind) |

|  |  |
| --- | --- |
| 8 | Hold (shifting weight to left foot) |

**CROSS STEP, KICK, CROSS STEP, KICK**

|  |  |
| --- | --- |
| 1 | Step right foot over left foot (shift weight to right foot) |

|  |  |
| --- | --- |
| 2 | Kick left foot out at 45 degree angle to left |

|  |  |
| --- | --- |
| 3 | Step back (and behind right foot) on left foot (shifting weight to left foot) |

|  |  |
| --- | --- |
| 4 | Step right on right foot |

|  |  |
| --- | --- |
| 5 | Cross left foot over right foot (shift weight to left foot) |

|  |  |
| --- | --- |
| 6 | Kick right foot out at 45 degree angle to right |

|  |  |
| --- | --- |
| 7 | Step back (and behind left foot) on right foot |

|  |  |
| --- | --- |
| 8 | Step left foot next to right foot (shifting weight to left foot) |

**REPEAT**