Beautiful Mum

Count: 64

Ebene: Intermediate

Choreograf/in: Silvia Schill (DE) - June 2018

Musik: Hey Mama - Mat Kearney

The dance begins with the use of the singing

S1: Heel, Close R + L, Step, Pivot 1/2 L, Step, Hold

- Touch right heel forward RF beside LF 1-2
- 3-4 Touch left heel forward – LF beside RF
- 5-6 Step forward with RF - 1/2 turn left on both bales, weight at end left (6 o'clock)
- 7-8 Step forward with RF - hold

S2: Heel, close I + r, step, pivot ¼ r, cross, hold

- Touch left heel forward LF beside RF 1-2
- 3-4 Touch right hoe forward - RF beside LF
- 5-6 Step forward with LF - 1/4 turn right on both bales, weight at the end right (9 o'clock)
- Cross LF over RF hold 7-8

S3: Behind, Side, Cross, Side, Side, Hold, 1/8 Turn R / Rock back

- 1-2 Step RF to right, cross LF behind RF
- 3-4 Step RF to right, cross LF over RF

Tag / Restart: In round 9 - direction 6 o'clock - break off here, dance Tag 1 and start again

5-6 Step RF to right - hold

7-8 1/% Turn right and step back with LF, lift RF slightly up (10:30) - weight back on RF

End: The dance ends here, leaving out the 1/4 turn right around - direction 6 o'clock; at the end 'step forward with LF - ½ turn right on both bales, weight at the end right - step forward with LF' (12 o'clock)

S4: Rock Forward, 1/8 Turn R / Rock Back, Step, Pivot 1/4 r, Cross, Hold

- 1-2 Steps forward with LF, lift RF slightly up - weight back on RF
- 3-4 1/s turn right and step back with LF, lift RF slightly up(12 o'clock) - weight back on RF
- 5-6 step forward with LF - 1/4 turn right on both bales, weight at end right (3 o'clock)
- 7-8 Cross LF over RF - hold

Restart: In the second round - direction 6 o'clock - stop here and start again; while on '7': 'LF beside RF'

S5: Touch, Heel 2x, Heels-Toes - Heels Swivels, Hold

1-2 Touch right toe beside LF (knee inwards) - Touch right heel beside LF (toe out) 3-4 Same as 1-2 (at'1-4' turn upper body a little to the left)

Tag / Restart: In the 4th round - direction 12 o'clock - break off here, dance Tag 2 and start again

- 5-8 RF beside LF / Turn both heels, toes and heels again to right (weight on the right) – hold
- S6: Touch, Heel 2x, Heels Toes Heels Swivels, Hold
- 1-8 Same as step sequence before, but in mirror image starting with left

S7: Rock Forward, ¼ Turn r, Hold, Cross, Side, Cross, Hold

- 1-2 Step forward with RF, lift LF slightly up - weight back on LF
- 3-4 1/4 Turn right and step with RF to right (6 o'clock) - hold
- 5-6 Cross LF over RF - small step with RF to right
- 7-8 Cross LF over RF - hold

S8: Side, Touch, 1/4 Turn L, Touch, Side, Lift Behind / Slap, Side, Touch

1-2 step RF to right - touch LF beside RF





Wand: 4

- 3-4 1⁄4 turn left and step LF to left (3 o'clock) touch RF beside LF
- 5-6 step RF to right touch LF behind RF / clap on the boot
- 7-8 Step LF to left touch RF beside LF

Repeat until the end

Tag 1 Side, Touch R + L	
5-6	Step RF to right - touch LF beside RF
7-8	Step LF to left - touch RF beside LF

Tag 2 Slap-Snap, Hold

- 5 & 6 & Knock alternately on thighs (r I r I)
- 7-8 Snap hold

And don't forget to smile, because dancing is fun! There is no guarantee for errors in the translation, content, spelling, etc.! Contact: birgit.golejewski@gmail.com www.country-linedancer.de