

# Tush Push

Count: 40

Wand: 4

Ebene: Improver

Choreograf/in: Jim Ferrazzano (USA)

Musik: Chattahoochee - Alan Jackson



## alt. Music:

Third Rock From The Sun by Neal McCoy

Six Days On The Road by Sawyer Brown

## RIGHT HEEL TAPS

1-4 Touch right heel forward, touch right together, touch right heel forward, touch right heel forward

& Step right together

## LEFT HEEL TAPS

5-8 Touch left heel forward, touch left together, touch left heel forward, touch left heel forward

& Step left together

## RIGHT, LEFT, RIGHT HEEL TAPS AND CLAP

9& Touch right heel forward, step right together

10& Touch left heel forward, step left together

11-12 Touch right heel forward, clap

## BUMP HIPS RIGHT TWICE, BUMP HIPS LEFT TWICE, BUMP HIPS RIGHT AND LEFT TWICE

13-14 Rock right in place and bump hips right, bump hips right

15-16 Recover to left and bump hips left, bump hips left

17-20 Bump hips right, bump hips left, bump hips right, bump hips left (weight to left)

## RIGHT FORWARD CHA-CHA, LEFT BACKWARD CHA-CHA

21&22 Step right forward, step left together, step right forward

23-24 Rock left forward, recover to right

25&26 Step left back, step right together, step left back

27-28 Rock right back, recover to left

## RIGHT FORWARD CHA-CHA AND ½ TURN RIGHT, LEFT FORWARD CHA-CHA AND ½ TURN LEFT

29&30 Step right forward, step left together, step right forward

31-32 Step left forward, turn ½ right (weight to right)

33&34 Step left forward, step right together, step left forward

35-36 Step right forward, turn ½ left (weight to left)

## RIGHT FORWARD, ¼ TURN LEFT, STOMP, AND CLAP.

37-38 Step right forward, turn ¼ left (weight to left)

39-40 Stomp right together, clap

## REPEAT

### OPTION 1:

1-4 Touch right heel forward 4 times

& Step right together

5-8 Touch left heel forward 4 times

& Step left together

**OPTION 2:**

- 1 Touch right heel forward
- 2 Touch right together
- 3-4 Touch right heel forward, touch right heel forward
- & Step right together
- 5-8 Repeat 1-4 with left foot

**OPTION 3:**

- 1 Hop feet apart
- 2 Hop and cross right over left
- 3-4 Turn full turn to left
- 5-8 Repeat 1-4, either in the same or opposite direction

**OPTION 4: (8-BEAT SYNCOPATED STEPS, A.K.A. PRETZELS)**

- 1 Cross right over left
- &2 Step left to side, touch right heel forward
- &3 Drop right toe, step left over right
- &4 Step right to side, touch left heel forward
- &5 Drop left toe, step right over left
- &6 Step left to side, touch right heel forward
- &7 Drop right toe, step left over right
- &8 Step right to side, touch left heel forward

**OPTION 5: (QUARTER TURN, HALF TURN)**

- 35-36 Step right forward, turn  $\frac{1}{4}$  left (weight to left)
- 37-38 Step right forward, turn  $\frac{1}{2}$  left (weight to left)

**OPTION 6: (ST. LOUIS STYLE, WHICH IS 44 COUNTS)**

- 37-40 Repeat 29-32
  - 41-43 Step left to side, turn  $\frac{1}{4}$  right (weight to right)
  - 43 Stomp left beside right
  - 44 Clap
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