## Tears I Cry (我的眼淚) (zh)

Ebene: Intermediate

Choreograf/in: Kate Sala (UK)

踏轉,踢踏踏

右足右踏, 左足併踏, 右足右踏

**Count:** 64

第一段

1&2

Musik: Hello How Are You (Radio Edit) - No Mercy : (Album: No Mercy Greatest Hits)

Chasse Right, Touch Back, Pivot ½ Turn Left, Step Pivot ½ Turn Left, Kick Ball Change. 右追步, 後點 轉,

34	Touch L toe back behind. Pivot ½ turn L taking weight on L. 左足趾後點, 左軸轉180度重心在左足
56	Step forward on R. Pivot ½ turn L. 右足前踏, 左軸轉180度
7&8	Kick R forward. Step down on ball of right. Step down on L. 右足前踢, 右足踏, 左足踏
第二段	Right Side Rock, Weave Left, Chasse Left, Touch Back, Pivot ½ Turn Right.  右下沉 回復, 後 旁 前, 左追 步, 後點 轉
12	Rock out to R on R. Recover on to L. 右足右下沉, 左足回復
3 & 4	Cross step R behind L. Step L to L side. Cross step R over L. 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏
5&6	Step L to L side. Step R next to L. Step L to L side. 左足左踏, 右足併踏, 左足左踏
78	Touch R toe back behind. Pivot ½ turn R. (Weight on R). 右足趾後點, 右軸轉180度(重心在右足)
第三段	Heel Switches x 2, Left Shuffle Forward, Scuff Hitch(Hop) Step, Step Forward, Touch. 踵收踵收, 前交換, 擦踢 抬跳 踏, 踏 後點
1&2 &	Dig L heel forward. Step L next to R. Dig R heel forward. Step R next to L. 左足踵前點, 左足併踏, 右足踵 前點, 右足併踏
3 & 4	Step forward on L. Step R next to L. Step forward on L. 左足前踏, 右足併踏, 左足前踏
5&6	Scuff R forward. Hitch R knee up and do a little hop at the same time. Step R forward. 右足前擦踢, 右膝 抬跳, 右足前踏
78	Step forward on L. Touch R toe behind L. 左足前踏, 右足趾後點
第四段	Shuffle Back x 2, Rock Back, Step Pivot 1/4 Turn Left. 後交換, 後交換, 後下沉 回復, 踏 轉1/4
1 & 2	Step back on R. Step Left next to R. Step back on R. 右足後踏, 左足併踏, 右足後踏
3 & 4	Step back on L. Step R next to L. Step back on L. 左足後踏, 右足併踏, 左足後踏
56	Rock back on R. Recover on to L. 右足後下沉, 左足回復
78	Step forward on R Pivot 1/4 turn L. 右足前踏, 左軸轉90度

- Shuffle Forward, Shuffle 1/2 Turn Right, Rock Back, Full Turn Left. 第五段 前交換,轉交換,後下沉回復,左轉圈
- 1&2 Step forward on R. Step L next to R. Step forward on R. 右足前踏, 左足併踏, 右足前踏





Step R to R side. Step L next to R. Step R to R side.

Wand: 4

- 3 & 4 Turn 1/4 R stepping L to L side. Step R next to L. Turn 1/4 R stepping back on L. 右轉90度左足左踏, 右 足併踏, 右轉90度左足後踏
- 56 Rock back on R. Recover on to L. 右足後下沉, 左足回復
- 78 Turn ½ L stepping back on R. Turn ½ L stepping forward on L. 左轉180度右足後踏, 左轉180度左足前踏
- 第六段 Step Right Diagonal, Together, Jump Feet Apart, Step Back, Rock Back, Shuffle To Left Diagonal. 斜角踏, 併, 跳分開, 後, 後下沉 回復, 斜角前交換
- 12 Step Forward on R to Right diagonal. Step L next to R. 右足右斜角前踏, 左足併踏
- & 3.4 Jump feet apart on R, L. Step back on R. 雙腳分開-右, 左, 右足後踏
- 56 Straighten up to the 9 o'clock wall and Rock back on L. Recover on to R. 轉向正面向9點鐘左足後下沉, 右足回復
- 7 & 8 Facing your L diagonal step forward on L. Step R next to L. Step forward on L. 面向左斜角左足前踏, 右 足併踏, 左足前踏
- 第七段 Step To Left Diagonal, Together, Jump Feet Apart, Step Back, Rock Back, Shuffle With 1/4 Turn Left. 斜角踏, 併, 跳分開, 後, 後下沉 回復, 1/4轉交換
- 12 Step Forward on R still facing Left diagonal. Step L next to R. 面向左斜角右足前踏, 左足併踏
- & 3.4 Jump feet apart on R, L. Step back on R. 雙腳分開-右, 左, 右足後踏
- 56 Turn to face the 6 o'clock wall and Rock back on L. Recover on to R. 轉正面向6點鐘左足後下沉, 右足回復
- 7 & 8 Turn 1/4 L to face 3 o'clock wall stepping forward on L, Step R next to L. Step forward on L. 左轉90度面向3點鐘左足前踏, 右足併踏, 左足前踏
- 第八段 Diagonal Step Lock Step x 4, Right, Left, Right, Left. 斜角前鎖步四次-右, 左, 右, 左
- 12& Step R forward to R diagonal. Lock step L behind R. Step R forward to R diagonal. 右足右斜前踏, 左足於 右足後鎖踏, 右足右斜前踏
- 34 & Step L forward to L diagonal. Lock step R behind L. Step L forward to L diagonal. 左足左斜前踏, 右足於 左足後鎖踏, 左足左斜前踏
- 56& Step R forward to R diagonal. Lock step L behind R. Step R forward to R diagonal. 右足右斜前踏, 左足於 右足後鎖踏, 右足右斜前踏
- 78 & Step L forward to L diagonal. Lock step R behind L. Step L forward to L diagonal 左足左斜前踏, 右足於 左足後鎖踏, 左足左斜前踏

## There are 2 Tags

- Tag 1: End of wall 2 facing 6 o'clock. 第二面牆結束面向6點鐘
- 12 Step R to R side. Cross step L behind R. 右足右踏, 左足於右足後交叉踏
- & 3 Small step R and slightly back. Dig L heel to L diagonal 右足略後踏, 左足踵左斜前點
- & 4 Step L down in place. Cross step R over L.
  左足踏, 右足於左足前交叉踏
- 56 Step L to L side. Cross step R behind L. 左足左踏, 右足於左足後交叉踏
- & 7 Small step L and slightly back. Dig R heel to R diagonal 左足略後踏, 右足踵右斜前點
- & 8 Step R to R side. Cross step L over R. 右足右踏, 左足於右足前交叉踏
- Tag 2: End of wall 5 facing 3 o'clock 第五面牆結束面向3點鐘

Make a sharp ½ turn over Right shoulder and repeat the last 8 counts of the dance Counts 57 - 64 you will then start at the beginning of the dance facing 9 o'clock 快速右轉180度, 重覆最後8拍後面向9點鐘, 從頭起跳