## Sad To Be Alone

Count: 32
Wand: 2
Ebene: Beginner / Improver
Choreograf/in: Gordon Timms (UK) - October 2014
Musik: Help Me Make It Through the Night - Engelbert Humperdinck: (Album: A Taste Of Country - 2009)

Musical introduction: 32 Counts. Start on the word..."SIDE" - 84 Bpm - 3:06 mins $\square$
Choreographers Note: I've already choreographed a dance to a Reggae version of this track by John Holt... back in JULY 2006... I've always loved this track so I thought I would bring it up to date with a 'country ballad' !

A Line Dance With No Tags, No Restarts, Just A Nice Country Style Ballad.
SECTION 1: PRISSY 'RUMBA' WALKS FORWARD, ROCK BACK, STEP BACK, RONDÉ, STEP SIDE, ¼ TURN DRAG.

| $1-2$ | Placing your foot in front of other - Walk Forward Right, Walk forward Left |
| :--- | :--- |
| $3-4$ | Walk Forward Right, then replace weight back on to Left. |
| $5-6$ | Step back Right behind Left, Rondé Left out and behind Right. |
| $7-8$ | Step a long step with Right to Right, Turn $1 / 4$ Left on ball of Right Hook Left to Right |
| instep. $\square$ Faces: [9:00] |  |

SECTION 2: FORWARD CHASSÉ, ¼ TURN, ½ TURN, CROSS ROCK RECOVER, STEP SIDE, CLOSE.
1 \& 2 Step forward on the Left, Close Right to Left Heel, Step Left forward.
3-4 Turning $1 / 4$ Left... step Right to Right side, Turning $1 / 2$ Left... Step Left to Left side. [12.00]
5-6 Cross rock Right over Left, then replace weight Back on Left.
7-8 Take a long step to the Right with Right, Drag Left up to Right but keep weight on RIGHT.Faces: [12.00]

SECTION 3: STEP, BEHIND SIDE CROSS, STEP, SWAY, BEHIND, ¼ TURN RIGHT, STEPS FORWARD.
1 Step Left to Left side,
2 \& 3 Step Right behind Left, Step Left to Left side, Cross Right Over Left.
4-5 Take short step Left to side, Sway weight back on to Right.
6 \& 7 Step Left behind Right, Make $1 / 4$ turn Right Stepping Right Forward, Step Left Forward slightly. $\square 3.00$
8 Step forward on the Right. Faces: 3.00
SECTION 4: BALANCE STEP, RECOVER WEIGHT, RONDÉ ¼ TURN RIGHT, ROCK, RECOVER, COASTER STEP.
\& 1-2 Close Left to Right Heel, Step Right slightly forward, Recover weight back on to Left Foot
3 \& $4 \quad$ Turning $1 / 4$ Right, Sweep Right out \& behind Left, Step Left in place, Step Right forward. [6.00]
5-6 Rock forward on the Left, Recover weight back on to Right
7 \& $8 \quad$ Step Left slightly back, Step Right next to Left, Step Left slightly forward.
Faces: [6.00]
FINISH: You should be facing front wall 7 (seven) at about (2.44)... dance the first 8 counts normally... but change the next few counts to a slower pace to accommodate the music slowing to end. It will fit the music I promise!
Finish facing the front with the long step right and drag.
ENJOY THE DANCE!

Line Dance Latin with Gordon \& Glenys (UK) Home: 01793490697 - Mobile: 07787383059
Website: http://www.linedancelatin.co.uk - E-Mail: thelatindancer@tiscali.co.uk $\square \square$
$\qquad$

