Jesse James (傳奇英雄) (zh)

Count: 32 **Wand:** 2 **Ebene:** Intermediate/Advanced
Choreograf/in: Rachael McEnaney (USA) - 2009年04月
Musik: Just Like Jesse James - Cher

前奏： Count In: 16 counts from start of track. Begin on vocals16拍後唱歌起跳

第一段 **Step Forward R, Step Forward L, ½ Pivot Turn Step, Full Turn, R Shuffle, Sweep, L Cross, Side, Back Rock**
走 走 轉 踏 轉轉 右追步 繞 交叉, 側, 後下沉

1,2&3 Step forward on right (1), step forward on left (2), pivot ½ turn right (&), step forward on left (3) [6.00]
右足前踏, 左足前踏, 右轉180度, 左足前踏(面向6點鐘)

4& Make ½ turn left stepping back on right (4), make ½ turn left stepping forward on left (&), [6.00]
左轉180度右足後踏, 左轉180度左足前踏(面向6點鐘)

5&6 Step forward on right (5), step left next to right (&), step forward on right (sweep left leg around from back to front at same time)(6) [6.00] 右足前踏, 左足併踏, 右足前踏左足由後繞至前(面向6點鐘)

7&8& Cross left over right (7), step right to right side (&), step left next to right (rock back) (8), cross right over left (recover) (&) [6.00]
左足於右足前交叉踏, 右足右踏, 左足併踏(左足後下沉), 右足於左足前交叉踏(右足回復)(面向6點鐘)

第二段 **L Basic With Step Forward, ¼ Turn L Doing Nightclub Basic R, ½ Turn R, R Side, L Cross, R Side Rock Cross, L Side**
華爾滋, 左轉1/4基本步, 右1/2, 右踏, 左交叉, 右下沉 交叉, 左踏

1,2& Step left to left side (1), step right next to left (slightly behind) (2), step left foot slightly forward (&) [6.00]
左足左踏, 右足略後踏, 左足略前踏(面向6點鐘)

3,4& Make ¼ turn left stepping right to right side (3), step left next to right (slightly behind) (4), cross right over left (&) [3.00]
左轉90度右足右踏, 左足略後踏, 右足於左足前交叉踏(面向3點鐘)

5 Make ¼ turn right stepping back on left (continue turning another ¼ turn right (no weight change)) (5) [9.00]
右轉90度左足後踏右轉90度重心仍在左足(面向9點鐘)

6&7& Step right to right side (6), cross left over right (&), rock right to right side (7), recover weight onto left (&) [9.00]
右足右踏, 左足於右足於交叉踏, 右足右下沉, 左足回復

8& Cross right over left (8), step left to left side (&) [9.00]
右足於左足前交叉踏, 左足左踏

第三段 **Cross R Behind Sweeping L, L Behind, R Side, L Cross Sweeping R, Cross R, ¼ Turn R Step Back L, Step Back R, L, R, ¼ Turn L Step Touch, Full Turn R (Rolling Vine)**
右後交叉左繞, 左後, 右側, 左交叉右繞, 右交叉, 右1/4右踏左後, 後走-右, 左, 右, 左1/4踏點, 右華倫轉圈

1,2& Cross right behind left sweeping left leg around from front to back (1), cross left behind right (2), step right to right side (&) [9.00]
右足於左足後交叉踏左足由前繞至後, 左足於右後交叉踏, 右足右踏(面向9點鐘)

3,4& Cross left over right sweeping right leg around from back to front (3), cross right over left (4), make ¼ turn right stepping back left (&) [12.00]
左足於右足前交叉踏右足由後繞至前, 右足於左足前交叉踏, 右轉90度左足後踏(面向12點鐘)

5&6 Step back right (5), step back left (&), step back right (6), [9.00]
右足後踏, 左足後踏, 右足後踏(面向9點鐘)

3rd wall Dance FIRST 22 counts of dance – this will take you up to the 3 walks back R,L,R (5&6) – ADD 7&8
RESTART dance – you will be facing 12.00 to restart
第三面牆跳至此, 三個後走步, 7&8改成海岸步後, 會面向12點鐘, 從頭起跳
Left coaster step – (step back on left (7), step right next to left (&), step forward on left (8) [12.00]
左海岸步-左足後踏, 右足併踏, 左足前踏(面向12點鐘)

&7 Make ¼ turn left stepping left to left side (&), touch right to right side (7) 左轉90度左足左踏, 右足右點

&8& Make ¼ turn right stepping forward right (&), make ½ turn right stepping back left (8), make ¼ turn right stepping right to right side (&) [9.00]
右轉90度右足前踏, 右轉180度左足後踏, 右轉90度右足右踏(面向9點鐘)

第四段 L Cross Rock, R Cross Rock, L Cross, R Side Rock, Cross R, Side L, Behind R, ¼ Turn L Stepping Forward L
左交叉下沉, 右交叉下沉, 左交叉, 右側下沉, 右交叉, 左側, 右後, 左1/4前踏

1,2& Cross rock left over right (1), recover weight onto right (2), step left to left side (&) [9.00]
左足於右足前交叉下沉, 右足回復, 左足左踏(面向9點鐘)

3,4& Cross rock right over left (3), recover weight onto left (4), step right to right side (&) [9.00]
右足於左足前交叉下沉, 左足回復, 右足右踏(面向9點鐘)

5,6&7 Cross left over right (5), rock right to right side (6), recover weight onto left (&), cross right over left (7) [9.00]
左足於右足前交叉踏, 右足右下沉, 左足回復, 右足於左足前交叉踏(面向9點鐘)

&8& Step left to left side (&), cross right behind left (8), make ¼ turn left stepping forward on left (&) [6.00]
左足左踏, 右足於左足後交叉踏, 左轉90度左足前踏(面向6點鐘)

7th wall Dance the whole dance – you will end facing 12.00
第七面牆結束面向12點鐘加2拍, 從頭起跳

1-2 Step forward on right (1), step forward on left (2) 12.00
右足前踏, 左足前踏(面向12點鐘)