Count: 64
Wand: 4
Ebene: Intermediate
Choreograf/in: Robbie McGowan Hickie (UK) - November 2014
Musik: We Only Live Once - Shannon Noll


## Intro: 32 Count from Vocals

S1: $2 \times$ Walks Forward. Step. Pivot 1/2 Turn Right. Step. $2 \times$ Walks Forward. Step. Pivot 1/2 Turn Left. Step.
1-2 Walk forward on Left. Walk forward on Right.
3\&4 Step forward on Left. Pivot 1/2 turn Right. Step forward on Left.
5-6 Walk forward on Right. Walk forward on Left.
$7 \& 8 \quad$ Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. (12 o'clock)

S2: Dorothy Step Diagonally Forward (Left \& Right). \& Forward Rock. Left Coaster Cross.

| $1-2 \&$ | Step Left Diagonally forward Left. Lock Right behind Left. Step Left Diagonally forward Left. |
| :--- | :--- |
| $3-4 \&$ | Step Right Diagonally forward Right. Lock Left behind Right. Step Right Diagonally forward <br> Right. |
| $5-6$ | Rock forward on Left. Rock back on Right. |
| $7 \& 8$ | Step back on Left. Step Right beside Left. Cross step Left over Right. (12 o'clock) |

S3: Side Step Right. Behind. \& Heel Jack. \& Touch. \& Left Heel-Ball-Cross. $2 \times 1 / 4$ Turns Right.
$1-2 \& \quad$ Step Right to Right side. Cross Left behind Right. Step ball of Right to Right side.
3\&4 Touch Left heel Diagonally forward Left. Step Left back to place. Touch Right toe beside Left.
\& Step ball of Right to Right side.
5\&6 Touch Left heel Diagonally forward Left. Step Left back to place. Cross step Right over Left.
7-8 Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side. (6:00)

S4: Cross Rock. Chasse 1/4 Turn Left. $2 \times 1 / 2$ Turns Left. Right Mambo Forward.
1-2 Cross rock Left over Right. Rock back on Right.
3\&4 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
5-6 Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.
7\&8 Rock forward on Right. Rock back on Left. Step back on Right. (3 o'clock)

S5: 2 x Walks Back. Left Sailor. Right Sailor 1/4 Turn Right. Left Shuffle Forward.
1-2 Walk back on Left. Walk back on Right.
$3 \& 4 \quad$ Cross Left behind Right. Step Right to Right side. Step Left to Left side.
5\&6 Cross Right behind Left. Make 1/4 turn Right stepping Left beside Right. Step forward on Right.
7\&8 Left shuffle forward stepping Left. Right. Left. (6 o'clock)

S6: Step. Pivot 1/2 Turn Left. Right Kick-Ball-Step Forward. Heel Switches \& Right Lock Step Forward
1-2 Step forward on Right. Pivot 1/2 turn Left.
$3 \& 4 \quad$ Kick Right forward. Step ball of Right beside Left. Step forward on Left. (12 o'clock)
$5 \& 6 \quad$ Touch Right heel forward. Step Right back to place. Touch Left heel forward.
\&7\&8 Step Left back to place. Step forward on Right. Lock step Left behind Right. Step forward on Right.

S7: Left Cross Rock. \& Right Cross Rock. \& Cross. 1/4 Turn Left. Left Shuffle 1/2 Turn Left.
$1-2 \& \quad$ Cross rock Left over Right. Rock back on Right. Step Left to Left side.
3-4\& Cross rock Right over Left. Rock back on Left. Step Right to Right side.
5-6 Cross step Left over Right. Make 1/4 turn Left stepping back on Right.
$7 \& 8$ Left shuffle making 1/2 turn Left stepping Left. Right. Left. (3 o'clock)

S8: Right Mambo Forward. Left Coaster Step. Forward Rock. Right Shuffle $1 / 2$ Turn Right.
Rock forward on Right. Rock back on Left. Step back on Right.
3\&4 Step back on Left. Step Right beside Left. Step forward on Left.
Rock forward on Right. Rock back on Left.

