Sex On The Beach!



Count: 48 Wand: 4 Ebene: Easy Intermediate

Choreograf/in: "Hillbilly" Rick (USA) - July 2013

Musik: Sex on the Beach - T-Spoon



BIKINI TIME-BUMP & POINT - THEN GET DOWN & ROLL THEM HIPS

1-2 Bump your hips to the R twice, while pointing both fingers L (kind of like shooting six guns)

3-4 Bump your hips to the L twice, while pointing both fingers R
5-8 Get down and roll your hips in a figure motion (have fun)

WALK OR SKIP IN A CIRCLE TO LEFT (CCW), WHILE SWIMMING WITH YOUR ARMS

1-8 While making a swimming motion with your arms walk or skip with attitude in a medium sized

circle to the L □stepping R L R L R L R L - end up facing original wall - make it funky! It's a lot more fun to skip!!!! Note you may □also do a 8 count paddle turn with lots of hip action!!

STEP HITCH & SCOOT X 4 - MOVING R STEP R, L, RLR

Step forward R, Hitch L leg and scoot or skip forward
Step forward L, Hitch R leg and scoot or skip forward

3-4 Repeat 1-2

5-6 Step R to R, Step L beside R 7&8 Shuffle to the R side RLR

HEEL SWITCHES AND HOLD with 2 quick claps, MOVING L STEP L, R, LRL

Touch L heel forward, Bring L back and Touch R Heel forward

83-4 Bring R Back and Touch L Heel Forward - Hold & clap twice quickly

5-6 Step L to L - Step R behind L 7&8 Shuffle to the L side LRL

R HEEL FORWARD & BACK,1/4 TURN L AS REPEAT R HEEL FWD TOE BACK - SHUFFLE FORWARD RLR, LRL

1-2 Touch R heel way forward and lean back - Touch R toe way back & lean forward

3-4 1/4 Turn L on ball of L foot as you touch R heel way forward and lean back - Touch R toe

way back & lean □forward

5&6 RLR Shuffle moving forward7&8 LRL Shuffle moving forward

VINE R WITH SCUFF, ROLLING VINE L WITH SCUFF

1-4 Step R with R, Step L behind R, Step R with R, Scuff L beside R

5-8 Movin L, make a full turn to the L as you step L, R, R, finish with Scuff of R

Dedicated to my friends in Windang Beach Australia for allowing me to create

this dance in the great sun and winds while on their beautiful beach.

Yeehaaaaa

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