

Not Fair (很不公平) (zh)

COPPER KNOB
STEPPERS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Francien Sittrop (NL) - 2009年02月

Musik: Not Fair - Lily Allen : (CD: It's Not Me, It's You)



前奏 : Intro: Start after 16 Counts

第一段 Chasse R, ¼ Turn R Chasse L, ¼ Turn R Chasse R, ¼ R, Chasse L
右追步, 右1/4左追步, 右1/4右追步, 右1/4, 左追步

1&2 Step R to R side, Step L next to R, Step R to R side
右足右踏, 左足併踏, 右足右踏

3&4 ¼ Turn R and step L to L side, Step R next to L, Step L to L side (3.00)
右轉90度左足左踏, 右足併踏, 左足左踏(面向3點鐘)

5&6 ¼ Turn R and Step R to R side, Step L next to R, Step R to R side (6.00)
右轉90度左足左踏, 右足併踏, 左足左踏(面向6點鐘)

7&8 ¼ Turn R and Step L to L side, Step R next to L, Step L to L side (9.00)
右轉90度左足左踏, 右足併踏, 左足左踏(面向9點鐘)

第二段 Kick Ball Touch x2(Travelling fwd), R Mambo Step, Coaster Step
踢交叉點二次(向前移), 右曼波, 海岸步

1&2 Kick R fwd, Step R down, Touch L to L side
右足前踢, 右足踏, 左足左點

3&4 Kick L fwd, Step L down, Touch R to R side
左足前踢, 左足踏, 右足右點

5&6 Rock R fwd, Recover on L, Step R back
右足前下沉, 左足回復, 右足後踏

7&8 Step L back, Step R next to L, Step L fwd
左足後踏, 右足併踏, 左足前踏

第三段 Step Fwd, Pivot ½ Turn, Shuffle ½ Turn L x2, Fwd Coaster step
前踏, 轉1/2, 左轉1/2交換二次, 海岸步

1-2 Step R fwd, Pivot ½ Turn L (3.00)
右足前踏, 左轉180度(面向3點鐘)

3&4 Shuffle ½ Turn L 左轉180度交換步

5&6 Shuffle ½ Turn L (3.00) 左轉180度交換步(面向3點鐘)

7&8 Step R fwd, Step L next to R, Step R back
右足前踏, 左足併踏, 右足後踏

第四段 Step Back with Sweep x2, Coaster Step, Out, Out, In, In, Scuff, Touch 後踏繞 二次, 海岸步, 大大小小, 擦踢, 點

1 Step L back and Sweep R from front to back
左足後踏右足由前繞至後

2 Step R back and Sweep L from front to back
右足後踏左足由前繞至後

3&4 Step L back, Step R next to L, Step L fwd
左足後踏, 右足併踏, 左足前踏

5&6& Step R to R side, Step L to L side, Step R in, Step L next to R 右足右踏, 左足左踏, 右足向內踏, 左足併踏

7-8 Scuff R, Touch R next to L 右足擦踢, 右足併點

