And Just Lay Low



Count: 32 Wand: 4 **Ebene:** Easy Intermediate

Choreograf/in: Pascal Dhorne (FR) - December 2014

Musik: Lay Low - Josh Turner



Count: Start after 32 counts

[1-8] SIDE, BEHIND, STEP WITH 1/4 TURN R, STEP L, 1/4 TURN R, WALK (X3)

1-2 step right to the right, left behind right

3-4 1/4 turn right, step forward on right, step forward on left

5-6 1/4 turn right on both balls, step forward on left 7-8 Step forward on right, step forward on left

[9-16] □ROCK STEP, RECOVER, SHUFFLE BACKWARD WITH 1/4 TURN RIGHT CROSS, SIDE, SAILOR WITH 1/4 TURN LEFT

1-2 Step right forward, recover weigh on left

3&4 Step right to right side, step left next to right making a ¼ turn right, step right to right side

5-6 Cross left over right, step right to right side.

Cross L behind R, turn ¼ L stepping R a small step to R side (&), step L to left. 7&8

[17-24] CROSS, POINT (TWICE), JAZZ BOX WITH 1/4 TURN RIGHT

Cross right over left, touch left toe to left side 3-4 Cross left over right, touch right toe to right side

Cross right over left, step back on left, 5-6

7-8 step right to right side making a 1/4 turn right, step left over right.

[25-32] □ROCK STEP, RECOVER, TRIPPLE HALF TURN, STEP, FULL TURN, TOUCH,

Step forward on right, recover onto left 1-2 3-4 Shuffle ½ turn R stepping R, L, R

5-6 Step left forward, make 1/2 turn left stepping back on right,

7-8 make 1/2 turn left stepping forward on left, touch right beside left,

Taglet/Restart: on wall 4 (9h) Replace the sailor 1/4 turn by 1/2 turn and Restart after 16 count

Tag: After wall 9: (6 o'clock)

[1-8] STEP TURN ½ LEFT (TWICE)

Step Right forward, turn ½ left 1-2 3-4 Step Right forward, turn 1/2 left You're facing 12 o'clock and restart the dance

HAVE FUN

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