

Once In A Lifetime - B

Count: 32

Wand: 4

Ebene: Absolute Beginner

Choreograf/in: Anna Korsgaard (DK) & Kirsthen Hansen (DK) - January 2015

Musik: Once in a Lifetime - Heartbeat : (Album: Once In A Lifetime - 2014)



Intro: 16 count - No Tags! No Restarts!

Sec.: 1. Right Rumba Box

1 - 4 Step Right to Right side, Step Left beside Right, Step Right forward, hold.
5 - 8 Step Left to Left side, Step Right beside Left, step Left back, hold.

Sec.: 2. Right Slow Chassé ¼ turn, Walk forward x 3

1 - 4 Step Right to Right side, Step Left beside Right, Step Right forward making a ¼ turn, hold.
5 - 8 Walk forward Left, Right, Left, Hold.

Sec.: 3. Rock Forward, Walk Back,

1 - 4 Rock forward on Right, recover onto Left, step back on Right, hold.
5 - 8 Walk Back Left, Right, Left, hold.

Sec.: 4. Right Side Touch x 2, Sway x 4

1 - 2 Step Right to Right side, touch Left next to Right .
3 - 4 Step Left to Left side, touch Right next to Left.
5 - 8 Step Right to Right Side, Sway Right, Left, Right, Left.

Ending: 9 o'clock Wall 12 after Side Touches (28 count) make ¼ Right by stepping Right forward.

Enjoy and have Fun

Contacts - Email: aklinedance@gmail.com - Email: Kirsthen@ofir.dk
