Red Hot Salsa (火辣騷莎) (zh)

Count: 64 **Wand:** 2 **Ebene:** Intermediate
Choreograf/in: Christina Browne (UK) - 1999年03月
Musik: Red Hot Salsa - Dave Sheriff

前奏： Starts after 48 Counts 48拍後起跳

第一段 Heel Bounces 踵彈踏

1-8 Bounce right heel four times, bounce left heel four times
右足踵彈四次, 左足踵彈四次

第二段 Hip Bumps 推臀

1-4 Bump hips left twice, bump hips right twice
左推臀二次, 右推臀二次

5-8 Bumps hips left, right, left, right
推臀-左, 右, 左, 右

第三段 Rock Steps 搖椅步

1-2 Take weight on left rocking forward right, recover weight onto left
右足前下沉, 左足回復

3-4 Rock back on right, recover weight onto left
右足後下沉, 左足回復

5-8 Repeat 1-4 重覆一次搖椅步

第四段 Grapevine Right, Left Step, Slide With Clap
右藤步, 左踏, 滑併拍

1-2 Step right to right side, cross left behind right
右足右踏, 左足於右足後交叉踏

3-4 Step right to right side, touch left beside right
右足右踏, 左足併點

5 Step left big step to left 左足左一大步

6-7 Slide right beside left over two beats
右足以2拍滑併

8 Touch right beside left and clap
右足併點拍手

第五段 Right Kick Ball Change Twice, Toe Switches With Clap
右足踢併踏二次, 點收點收帶拍手

1&2 Kick forward right, step right beside left, step left in place
右足前踢, 右足併踏, 左足踏

3&4 Kick forward right, step right beside left, step left in place
右足前踢, 右足併踏, 左足踏

5& Touch right toe to right side, step right beside left
右足趾右點, 右足併踏

6& Touch left toe to left side, step left beside right
左足趾左點, 左足併踏

7-8 Touch right toe to right side, clap hands
右足趾右點, 拍手

第六段 **Repeat 1-8 重覆第五段**

第七段 **Heel Touches Forward, Toe Touches Right**
踵 點 踵 點, 趾 點 趾 點

49-50 Touch right heel forward, touch right beside left
右足踵前點, 右足併點

51-52 Touch right heel forward, touch right beside left
右足踵前點, 右足併點

53-54 Touch right toe to right side, touch right beside left
右足趾右點, 右足併點

55-56 Touch right toe to right side, touch right beside left
右足趾右點, 右足併點

第八段 **Turn head right with toe touches**
同49-52, 趾點時頭向右轉

1-4 Repeat 49-52 同踵 點 踵 點

5-6 Touch right toe to right side, cross right over left
右趾右點, 右足於左足前交叉踏

7-8 Unwind ½ turn left, clap hands
左繞轉180度, 拍手