

# My Father Told Me

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Ann-Charlott "Lottie" Hertzman (SWE) - February 2015

Musik: The Nights - Avicii



**Intro: Start on the word "once"**

**S1: Monterey ½, Hitch, Chasse, Behind, ¼ turn**

- 1-4 Point R to R side, ½ turn R step R next to L, Point L to L side, L hitch
- 5&6 Step L to L side, Step R next to L, Step L to L side
- 7-8 Step R behind L, ¼ turn L step L forward

**S2: Point R&L, Rockstep, ½ turn shuffle, L fwd, ¼ turn**

- 1&2& Point R to R side, Step R next to L, Point L to L side, Step L next to R
- 3-4 R rock forward, Recover on to L
- 5&6 ¼ turn R step R side, Step L next to R, ¼ turn R step R side
- 7-8 Step L forward, ¼ turn R

**S3: Dorothy Step L&R, Walk, Out-Out, In-In**

- 1-2& Step L diagonal L forward, Step R behind L, Step L diagonal forward
- 3-4& Step R diagonal R forward, Step L behind R, Step R diagonal forward
- 5-6 Walk forward L, R
- &7&8 Step L to L side, Step R to R side, Step L back to centre, Step R next to L

**S4: Rockstep, ¼ turn sailor step, Behind-Side-Cross, Step touch**

- 1-2 L side rock, Recover on to R
- 3&4 ¼ turn L step L behind R, Step R next to L, Step L to L side
- 5&6 Step R behind L, Step L to L side, Step R cross over L
- 7-8 Step L to L side, Touch R next to L

**S5: Heels fwd R&L,**

- 1&2& Touch R heel forward, Step R next to L, Touch L heel forward, Step L next to R
- 3-4& Touch R heel forward twice, Step R next to L
- 5&6& Touch L heel forward, Step L next to R, Touch R heel forward, Step R next to L
- 7-8& Touch L heel forward twice, Step L next to R

**S6: Shuffle, Rockstep, Coaster step, Fwd, ¼ turn**

- 1&2 Step R forward, Step L next to R, Step R forward
- 3-4 L forward rock, Recover on to R
- 5&6 Step L back, Step R next to L, Step L forward
- 7-8 Step R forward, ¼ turn L (weight on L)

**S7: Cross shuffle, ¼ turn twice, Cross rockstep, Chasse**

- 1&2 Cross R over L, Step L to L side, Cross R over L
- 3-4 ¼ turn R step L back, ¼ turn R step R to R side
- 5-6 L cross rock over R, Recover on to R
- 7&8 Step L to L side, Step R next to L, Step L to L side

**S8: Fwd, ½ turn, Kickball step, Jazz box**

- 1-2 Step R forward, ½ turn L (weight on L)
- 3&4 Kick R forward, Step R next to L, Step L forward
- 5-8 Step R cross over L, Step L back, Step R to R side, Step L forward

**Have fun on the floor!!**

**Dance Sequence:-**

**Wall 1 (12.00) 64 count**

**Wall 2 (6.00) 32 count**

**Wall 3 (3.00) 64 count,**

**Wall 4 (9.00) 64 count**

**Wall 5 (3.00) 32 count**

**Wall 6 (12.00) 64 count**

**Wall 7 (6.00) 32 count**

**Ending: Wall 7 dance 1-32 count**

**Turn ¼ L step R to R side "Ta-da"**

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