## Rocks In Your Shoes

Count: 32 Wand: 4 Ebene: Advanced Beginner
Choreograf/in: William Sevone (UK) - February 2015
Musik: Rocks In Your Shoes - Emily West : (Single)

Choreographers note:- REMEMBER THE SHORT 4th WALL.Ideal for the experienced Beginner and above
Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.
Dance starts on the word BAD as in "So you had some BAD luck,life sucks"
S1: $2 x$ Jump-Together-Hold. Side Touch. Out. Together. Side Strut (12:00)
\&1-2 Jump forward onto right, step left to next to right. Hold
\&3-4 Jump backward onto right, step left next to right. Hold
5-6 Touch right to right side. Touch right next to left
7-8 Step right toe to right side. Drop right heel.

S2: Diagonal Toe Strut. Cross Toe Strut. Backward Lockstep. Side. Fwd (12:00)
9-10 Step left toe diagonally forward right. Drop left heel.
11-12 Cross step right toe over left. Drop right heel.
13\& 14 Step back onto left, lock right across front of left, step back onto left.
15-16 Step right to right side. Step forward onto left.
SHORT WALL - WALL 4 (facing 9.00) - ADD $1 / 4$ turn RIGHT to Count 15 : Turn $1 / 4$ right \& step right to right side
THEN RESTART DANCE from count 1 facing 12:00 (New Wall).

## S3: 2x Diagonal Hip Bump Right. 2x Diagonal Hip Bump Left. 2x Side-Slide Touch (12:00)

17-18 turning to face 10.30 - Step right diagonally right \& bump hips right. Bump hips right.
19-20 turning to face 2.30 - Step left diagonally left \& bump hips left. Bump hips left.
With a slight fall and rise/body roll on counts 21-24 do the following :
21-22 Step right to right side. Slide \& touch left next to right.
23-24 Step left to left side. Slide \& touch right next to left.
S4: 3x Jump-Touch Together. Jump-Touch Behind. Half Circle Walk (3:00)
\&25 Jump right to right side, touch left next to right
\&26 Jump left to left side, touch right next to left
\&27 turning to face 10.30-Jump right to right side, touch left next to right
\&28 turning to face 9.00-Jump left slightly forward, touch right slightly backward of left.
29-32 Walk in half circle left (3): Right-Left-Right-Left.
Alternative: Count 28: 'Flick kick' right foot backward.

DANCE FINISH:
The dance will finish on count 32 of Wall 11 facing 9:00. After count 32 do the following:
\&33 Jump forward onto right, step left to next to right
\&34 Jump backward onto right, step left to next to right
\&35 Jump forward onto right, step left to next to right
36 Turn $1 / 4$ right \& with arms out to sides - step right to right side.
Last Update - 10th Feb 2015

