Wu Lai Shan Xia Yi Duo Hua (烏來山下一朵花) (zh)

Count: 88 **Wand:** 1 **Ebene:** Phrased Intermediate
Choreograf/in: Wendy Lin (TW) - 2015年03月
Musik: Wu Lai Shan Xia Yi Duo Hua by SammiKao

Intro: 16 counts
Sequence : Tag, A, A, B, C, Tag, A, A, B, C, Tag, A, A, B, C.

PART A: (32 counts)
A1. CHASSE - TOUCH TWICE (R&L)

1&2,3-4	Step RF to R - Close LF beside RF - Step RF to R - Touch LF behind RF twice
5&6,7-8	Step LF to L - Close RF beside LF - Step LF to L - Touch LF behind RF twice
1&2,3-4	右足右踏 - 左足併於右足旁 - 右足右踏 - 左足尖在右足後點兩次
5&6,7-8	左足左踏 - 右足併於左足旁 - 左足左踏 - 右足尖在左足後點兩次

A2. CHASSE - TOUCH TWICE (R&L)

1&2,3-4	Step RF to R - Close LF beside RF - Step RF to R - Touch LF behind RF twice
5&6,7-8	Step LF to L - Close RF beside LF - Step LF to L - Touch LF behind RF twice
1&2,3-4	右足右踏 - 左足併於右足旁 - 右足右踏 - 左足尖在右足後點兩次
5&6,7-8	左足左踏 - 右足併於左足旁 - 左足左踏 - 右足尖在左足後點兩次

A3. SIDE - TOUCH - SIDE - TOUCH - SWAY

1-4	Step RF to R - Touch LF beside RF - Step LF to L - Touch RF beside LF
5-6,7&8	Sway (R L) (R L R)
1-4	右足右踏 - 左足尖在右足旁點 - 左足左踏 - 右足尖在左足旁點
5-6,7&8	搖擺 (右左) (右左右)

A4. FORWARD - TOGETHER - FORWARD - KICK - BACKWARD - TOGETHER - BACKWARD - TOUCH

1-4	Step RF diagonal forward - Step LF together - Step RF diagonal forward - Kick LF diagonal forward
5-8	Step LF diagonal backward - Step RF together - Step LF diagonal backward - Touch RF beside LF
1-4	右足斜前踏 - 左足併於右足旁 - 右足斜前踏 - 左足向斜前方踢
5-8	左足斜後踏 - 右足併於左足旁 - 左足斜後踏 - 右足點收左足旁

PART B: (32 counts)
B1. ROCK - RECOVER - FORWARD SHUFFLE - WALK - WALK - BACK SHUFFLE TRUN R 1/2

1-2,3&4	Rock RF back - Recover onto LF - Forward shuffle (R L R)
5-6,7&8	Step RF forward - Step LF forward - Back shuffle (L R L) trun R 1/2
1-2,3&4	右足後下沉步 - 重心回左足 - 進交換步 (右 左 右)
5-6,7&8	右足前走 - 左足前走 - 後交換步 (左 右 左) 向右轉 1/2

B2. ROCK - RECOVER - FORWARD SHUFFLE - WALK - WALK - BACK SHUFFLE TRUN R 1/2

1-2,3&4	Rock RF back - Recover onto LF - Forward shuffle (R L R)
5-6,7&8	Walk RF forward - Walk LF forward - Back shuffle (L R L) trun R 1/2
1-2,3&4	右足後下沉步 - 重心回左足 - 進交換步 (右 左 右)
5-6,7&8	右足前走 - 左足前走 - 後交換步 (左 右 左) 向右轉 1/2

B3. ROCK - RECOVER - FORWARD SHUFFLE - 1/4 TRUN R ROCK - RECOVER - CROSS SHUFFLE

1-2,3&4	Rock RF back - Recover onto LF - Forward shuffle (R L R)
5-6,7&8	1/4 turn R rock LF to L - Recover onto RF - Cross shuffle (L R L)

1-2,3&4 右足後下沉步 - 重心回左足 - 進交換步 (右 左 右)
5-6,7&8 右轉1/4 左足側下沉步 - 重心回右足 - 前交交換步 (左 右 左)

B4. JUMP - TOUCH - 1/4 TRUN L JUMP - TOUCH - JUMP - TOUCH - JUMP - TOUCH
1-4 Jump RF to R - Touch LF beside RF - 1/4 trun L jump LF to L - Touch RF beside LF
5-8 Jump RF to R - Touch LF beside RF - Jump LF to L - Touch RF beside LF
1-4 右足跳躍至右方 - 左足點收於右足旁 - 左轉1/4 左足跳躍至左方 - 右足點收於左足旁
5-8 右足跳躍至右方 - 左足點收於右足旁 -左足跳躍至左方 - 右足點收於左足旁

PART C: (24 counts)
C1. STEP IN PLACE (Put hands on chest)
1-4 Step in place (R L R L) (Put hands on chest)
5-8 Step in place (R L R L) (Put hands on chest)
1-4 原地踏 (右 左 右 左) (雙手放胸前)
5-8 原地踏 (右 左 右 左) (雙手放胸前)

C2. FORWARD - TOUCH - BACKWARD - TOUCH. (X2)
1-4 Step RF diagonal forward - Touch LF beside RF - Step LF diagonal backward - Touch RF beside LF
5-8 Step RF diagonal forward - Touch LF beside RF - Step LF diagonal backward - Touch RF beside LF
1-4 右足斜前踏 - 左足點收右足旁 - 左足斜後踏 - 右足點收左足旁
5-8 右足斜前踏 - 左足點收右足旁 - 左足斜後踏 - 右足點收左足旁

C3. SIDE - TOUCH. (X4)
1-4 Step RF to R - Touch LF behind RF - Step LF to L - Touch RF behind LF
5-8 Step RF to R - Touch LF behind RF - Step LF to L - Touch RF behind LF
1-4 右足右踏 - 左足點於右足後 - 左足左踏 - 右足點於左足後
5-8 右足右踏 - 左足點於右足後 - 左足左踏 - 右足點於左足後

Tag: (20 counts)
1-4 Step RF to R - Recover onto LF - Recover onto RF - Hold (Put hands near the mouth)
5-8 Recover onto LF - Recover onto RF - Recover onto LF - Hold (Put hands near the mouth)
9-12 Step forward (R L R) - Kick LF
13-16 Step backward (L R L) - Touch RF beside LF
17-20 Step RF forward - Kick LF - Step LF backward - Touch RF beside LF
1-4 右足右踏 (左足放鬆) - 重心回左足 (右足放鬆) - 重心回右足 (左足放鬆) - 候 (雙手放在嘴旁作呼喚狀)
5-8 重心回左足 (右足放鬆) - 重心回右足 (左足放鬆) -重心回左足 (右足放鬆) - 候
(雙手放在嘴旁作呼喚狀)
9-12 前進三步 (右 左 右) - 左足前踢
13-16 後退三步 (左 右 左) - 右足點收左足旁
17-20 右足前踏 - 左足前踢 - 左足後踏 - 右足點收左足旁
Optional hand movements: Please refer to the demonstration video.
自由選取手部動作:請參考示範視頻.

Special thanks Nina to help me complete this dance stepsheet

Contact - E/mail: L750904@yahoo.com.tw