Lock and Key



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: ThomCat - February 2015

Musik: Wrapped Up (feat. Travie McCoy) - Olly Murs



#32 count intro (16 counts from where the beat kicks in)

Side Rock, Together, Side Rock, Rock Forward, Shuffle 3/4

1 - 2& Rock right to right side. Recover. Step right together.

3 - 4 Rock left to left side. Recover.5 - 6 Rock left forward. Recover.

7&8 Shuffle step 3/4 turn left, stepping - left, right, left. (3:00)

Side Together, Shuffle 1/4, Kick, Touch, Turn, Hitch

1 - 2 Step right side. Step left together.

3&4 Shuffle step 1/4 turn right, stepping - right, left, right. (6:00)

5 - 6 Kick left forward. Touch left back.

7 - 8 Pivot ½ turn left (weight on left). Hitch right leg. (12:00)

*Restart wall 8

Step Forward, Hold, Full Turn, Step Forward, Rock Forward, Coaster step

1 - 2 Step right forward. Hold.

&3 - 4 1/2 turn stepping left back. 1/2 turn stepping right forward. Step left forward.

5 - 6 Rock right forward. Recover.

7&8 Step right back. Step left together. Step right forward.

Step Turn 1/4, Kick-Ball-Change, Heel Switches, Step Forward, Touch

1 - 2 Step left forward. Pivot ¼ turn right. (3:00)

3&4 Kick left forward. Step left beside right. Step right in place.

5&6& Dig left heel forward. Step left together. Dig right heel forward. Step right together.

7 - 8 Step left foot forward. Touch right foot beside left.

Restart dance after 16 counts on wall 8.

Contact: thomcatdance@gmail.com

Last Update - 8th April 2015