Hook On Country (故鄉之戀) (zh)



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Doug Miranda (USA)

Musik: Just Hooked On Country - Atlanta Pops Orchestra : (CD: Country Kickers)



第一段 Backward Right Shuffle, Backward Left Shuffle , Step Forward Right Left, Right, Kick Clap 右足向後交換步 左足向後交換步 前走3步 左足踢同時拍手

1&2 Step Right Ball Of Foot Back, Step Left Ball Of Foot Back Beside Right Foot, Step Right Foot Back

向後交換步右左右

- 3&4 Step Left Ball Of Foot Back,Step Right Ball Of Foot Beside Left Foot,Step Left Foot Beside Right Foot 向後交換步左右左
- 5-8 Step Right Foot Forward, Step Left Foot Forward, Step Right Foot Forward, Kick Left Foot Forward Approximately 12" To 16" From Floor And Simultaneously Clap Hands At Chest Level 向前走3步,左足踢同時拍手

第二段 Back Left, Right, Left And Step Across; Vine Right Kick And Clap 後走3步左右左 左足交叉 右華倫步 交叉 踢 拍手

- 1-3 Step Left Foot Back, Step Right Foot Back, Step Left Foot Back 向後走3步左右左
- &4 Step Right Ball Of Foot To Right Side, Step Left Foot Across Front Of Right Foot 左足交叉於右足前
- 5-8 Step Right Foot To Right Side, Step Left Foot Cross Behind Right Foot, Step Right Foot To Right Side, Kick Left Foot Forward And Simultaneously Clap Hands At Chest Level 右華倫步,左足交叉於右足前踢同時拍手

第三段 Vine Left, Kick And Clap; Step Kick Across And Clap 左華倫步 交叉 踢 拍手 踏 點

- 1-4 Step Left Foot To Left Side, Step Right Foot Cross Behind Left Foot, Step Left Foot To Left Side, Kick Right Foot Forward And Simultaneously Clap Hands At Chest Level 左華倫步,右足交叉於左足前踢同時拍手
- 5-6 Step Right To Right Side, Kick Left Foot Diagonal 45 Degrees Right Foot And Simultaneously Clap Hands At Chest Level (Kick Into Approximately 1:00 O'clock, Hips And Shoulders Facing 12:00 O'clock) 右足右踏,左足擦踢步同時略向左搖擺
- 7-8 Step Left Foot To Left Side, Kick Right Foot Diagonal 45 Degrees Left Across Front Of Left Foot And Simultaneously Clap Hands At Chest Level (Kick Into Approximately 11:00 O'clock, Hips And Shoulders Facing 12:00 O'clock) 左足左踏,右足擦踢步同時略向右搖擺

第四段 Heel, Heel, Toe, Toe; Forward, Turn, Stomp, Brush Kick 踵前點 趾後點 左轉 點 拍手

Touch Right Heel Forward (½ Beat), Leaving Right Leg Extended Forward Raise Right Heel Up Slightly (½ Beat), Touch Right Heel Forward (½ Beat) Touch Right Toe Back (½ Beat), Leaving Right Leg Extended Back, Raise Right Toe Up Slightly (½ Beat), Touch Right Toe Back (½ Beat) 右足踵前點2次,右足趾後點2次

5-8 Step Right Ball Of Foot Forward (Left Leg Extended Back With Left Toe/Ball Of Foot Still Touching Floor)

Pivot ¼ Turn Left On Balls Of Both Feet (Start Pivot With Weight On Ball Of Right Foot And End With Weight On Ball Of Left Foot - Now Facing 9:00 O'clock)

Stomp (Up) Right Foot Beside Left Foot (Weight Is On Left Foot)

Brush Kick Right Foot Forward (Brush/Move Right Foot Forward, Keeping It In Contact With The Floor And As You Continue To Move Foot Forward It Will Leave The Floor. Continue Moving Right Foot Forward Until It Is 8" To 14" Above The Floor)

右足前踏左轉(重心在左足)右足在左足旁點,拍手