Stompin' It

Ebene: Intermediate

Count: 32 Wand: 4 Choreograf/in: Harry P. Towle III - April 2015 Musik: Crushin' It - Brad Paisley



Start dancing on lyrics

S1: STOMP, SWIVEL HEELS, STOMP, SWIVEL HEELS, SIDE SHUFFLE, ROCK, RECOVER

- 1 Stomp right foot (keep weight evenly distributed on both feet)
- &2 (On the balls of both feet) Swivel heels out then in
- 3 Stomp left foot (keep weight evenly distributed on both feet)
- &4 (On the balls of both feet) Swivel heels out then in
- 5&6 Side shuffle to the right (right, left, right)
- 7-8 Rock back on left, recover to right

S2: 1/4 TURN, 1/4 TURN, CROSS SHUFFLE, ROCK, RECOVER, 1/4 TURN SAILOR

- Step to the left with a 1/4 turn to the right (3:00) 1
- 2 1/4 Turn to the right stepping on right (6:00)
- 3&4 Cross shuffle right (left over right) (left, right, left)
- 5-6 Rock to the right stepping on right, recover to left
- 7&8 Right sailor step with a 1/4 turn to the right (9:00)

S3: KICK STEP TOUCH, KICK STEP TOUCH, SAILOR STEP, 1/2 UNWIND

- 1&2 Kick left forward, step left together, touch right to the side
- 3&4 Kick right forward, step right together, touch left to the side
- 5&6 Left sailor step
- 7-8 Touch right toe behind left, turn 1/2 turn to the right (weight to right) (3:00)

S4: 1/2 TURN SHUFFLE, 1/2 TURN SHUFFLE, STEP HALF TURN, FULL TURN SHUFFLE

- 1/2 Turn shuffle forward (3:00) 1&2
- 3&4 1/2 Turn shuffle forward (3:00)
- 5-6 Step forward left, 1/2 turn to right (weight to right) (9:00)
- 7&8 Full turn shuffle down line of dance (9:00)

(Option: On counts 1&2, 3&4 you can shuffle forward down line of dance (3:00)

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