U Got It All (給你我所有) (zh)

Count: 64 **Wand:** 2 **Ebene:** Intermediate
Choreograf/in: Neville Fitzgerald (UK) & Julie Harris (UK) - 2009年11月
Musik: Dance With Me (feat. Flo Rida) - Aaron Carter

前奏： Starts after 32 Counts 32拍後起跳

第一段 **Side, Hold & Side, Step, Step, 1/2 Pivot, 1/4, Touch.**
側, 候 併 側, 踏, 踏 轉, 1/4 點

1-2& Step Left to Left side, Hold, step Right next to Left.
左足左踏, 候, 右足併踏

3-4 Step Left to Left side, step forward on Right.
左足左踏, 右足前踏

5-6 Step forward on Left, pivot 1/2 turn to Right.
左足前踏, 右軸轉180度

7-8 Make 1/4 turn to Right stepping Left to Left side, touch Right behind Left. 右轉90度左足左踏, 右足後點

第二段 **1/4, Rock & Kick, Cross, Rock & Cross, 1/4, Side, Cross.**
1/4, 下沉回復踢, 交叉, 下沉回復交叉, 1/4, 側, 交叉

1 Make 1/4 turn to Right stepping forward on Right.
右轉90度右足前踏

2&3& Rock to Left side on Left, recover on Right, kick Left forward, cross step Left over Right.
左足左下沉, 右足回復, 左足前踢, 左足於右足前交叉踏

4&5 Rock to Right side on Right, recover on Left, cross step Right over Left. 右足右下沉, 左足回復, 右足於左足前交叉踏

6-8 Make 1/4 turn to Right stepping back on Left, step Right to side, cross step Left over Right. (3:00)
右轉90度左足後踏, 右足右踏, 左足於右足前交叉踏(面向3點鐘)

第三段 **1/8, Hold, & Rock Step, Coaster Step. Ball Step, Step.**
1/8, 候, 併 下沉回復, 海岸步, 併踏, 踏

1-2 Make 1/8 turn to Right stepping forward on Right (4:30), Hold.
右轉45度右足前踏(面向4:30), 候

&3-4 Step Left next to Right, rock forward on Right, recover on Left. (4:30) 左足併踏, 右足前下沉, 左足回復(面向4:30)

5&6 Step back on Right, step Left next to Right, step forward on Right. (4:30) 右足後踏, 左足併踏, 右足前踏(面向4:30)

&7-8 Step Left next to Right, step forward on Right, step forward on Left. (4:30) 左足併踏, 右足前踏, 左足前踏(面向4:30)

第四段 **Paddle 3/8, Out Out, Together, Cross, Sway, Sway, Cross.**
划槳3/8, 外 外, 併, 交叉, 擺臀, 擺臀, 交叉

1-2 Making 3/8 turn to Left paddle/touch Right foot flat twice (pushing out Right hip)
以右足划槳步二次左轉135度(配合右推臀)

&3-4 Step Right to Right side, step Left to Left side, step Right next to Left. 右足右踏, 左足左踏, 右足併踏

5-6 Cross step Left over Right, sway hips to Right.
左足於右足前交叉踏, 右推臀

7-8 Sway hips to Left, cross step Right over Left.
左推臀, 右足於左足前交叉踏

第五段 **1/4, 1/2, Walk, Walk, Out Out, Back, Back, 1/4.**
1/4, 1/2, 走, 走, 外, 外, 後, 後, 1/4

1-2 Make 1/4 turn to Right as you step back on Left (step back with small jump.. as you do sweep Right out to side..), Take sweep into 1/2 turn Right stepping forward Right. (9:00)
右轉90度左足略後跳踏右足繞, 右轉180度右足前踏(面向9點鐘)

3-4 Walk forward Left-Right. 左足前走, 右足前走

&5-6 Step Left to Left side, step Right to Right side, step back on Left.
左足左踏, 右足右踏, 左足後踏

7-8 Step back on Right, make 1/4 turn Left stepping Left to Left side.
右足後踏, 左轉90度左足左踏

第六段 1/2 Hinge, Sailor 1/2 Cross, Scuff/Hitch, Step, Funky Shaky Walk.
1/2, 1/2水手交叉, 擦踢/抬, 踏, 放克搖拽走步

1 Make 1/2 turn to Left stepping Right to Right side. (Hinge)
左轉180度右足右踏

2&3 Make 1/4 turn Left cross stepping Left behind Right, 1/4 turn Right stepping Right next to Left, cross step Left over Right. (Sailor 1/2)
左轉90度左足於右足後交叉踏, 右轉90度右足併踏, 左足於右足前交叉踏

4-5 Scuff Right past Left to hitch up & out to Right, step Right out to Right side.
右足擦踢向右抬, 右足右踏

6-8 Walk forward & out on Left as you push hip out, forward & out on Right pushing hip out, Walk forward on Left pushing hip out. Shake & Shimmy as you walk.
左足前走左推臀, 右足前走右推臀, 左足前走左推臀(邊走邊搖擺)

第七段 Forward & Back & Kick Out Out & Side, Touch, Side & Bounce.
搖椅步, 踢外外, 併左點, 右 踵抬 踵下

1&2& Rock forward Right, recover Left, rock back Right, recover Left.
右足前下沉, 左足回復, 右足後下沉, 左足回復

3&4 Kick Right forward, step Right to Right side, step Left to Left side.
右足前踢, 右足右踏, 左足左踏

&5-6 Step Right next to Left, step Left to Left side, Touch Right next to Left 右足併踏, 左足左踏, 右足併點

7&8 Step Right to Side, Bounce both heels up, down
右足右踏, 踵抬起, 踵放下

第八段 Ball Step, Step, 1/2 Pivot, Step, 1/2, Step, Touch.
併 踏, 踏, 1/2, 踏, 1/2, 踏, 點

&1-2 Step Left next to Right, Step forward Right, step forward on Left.
左足併踏, 右足前踏, 左足前踏

3-4 Pivot 1/2 turn to Right, step forward on Left.
右軸轉180度, 左足前踏

5-6 Step forward on Right, pivot 1/2 turn to Left.
右足前踏, 左軸轉180度

7-8 Step forward on Right, touch Left next to Right.
右足前踏, 左足併點

TAG: Wall 5 第五面牆結束, 加拍8拍

Side, Hold & Side, Step, Step, 1/2 Pivot, Step, 1/2.
側, 候 併 左, 踏, 踏, 1/2, 踏, 1/2

1-2& Step Left to Left side, Hold, step Right next to Left.
左足左踏, 候, 右足併踏

3-4 Step Left to Left side, step forward on Right.
左足左踏, 右足前踏

5-6 Step forward on Left, pivot 1/2 turn to Right.
左足前踏, 右軸轉180度

7-8 Step forward on Left, make 1/2 turn to Left stepping back on Right.
左足前踏, 左轉180度右足後踏