Feel The Light

Count: 32

Ebene: High Intermediate - Smooth NC2S



COPPER KNO

Choreograf/in: Roy Hadisubroto (IRE) & Fiona Murray (IRE) - March 2015 Musik: Feel the Light - Jennifer Lopez : (Album: Home Soundtrack)

Wand: 4

Intro: 16 counts from the first lyrics in music:Here we go....

	[1 – 8]⊡NIGHT 1 – 2&	CLUB BASIC, FULL TURN, STEP, SWAY (2X), STEP, CROSS, □ Step R to right side (1), Step L just behind R (2), Cross R over L (&)□12:00	
	3 – 4&	Turn $\frac{1}{4}$ to the R and step L backwards (3), Turn $\frac{1}{2}$ to the R and step R forward (4) Turn $\frac{1}{2}$ to the R and step L backwards (&) \Box 3:00	
	5 – 6	Turn $\frac{1}{4}$ to the R and Step R to right side (5), Sway to the left (6) Sway to the right (&) \Box 6:00	
	7 – 8&	Step L to left side (7), Cross R over L (8), Step L to left side (&) \Box 6:00	
	[9 – 16]□CROSS, HITCH, STEP DIAGONAL, STEP, FULL TURN, ROCKING CHAIR ½ TURN,(2X) □		
	1 – 2&	Cross R behind L and Hitch L knee (1), Cross L behind R (2) Step R diagonally forward (&) \Box 7:30	
	3 – 4&	Step L forward (3), Turn $\frac{1}{2}$ to the L and step R backwards (4), Turn $\frac{1}{2}$ to the L and step L forward (&) \Box 7:30	
	5 – 6&	Rock R forward (5), Recover back on L (6) Turn $\frac{1}{2}$ to the R and Step R forward (&) \Box 1:30	
	7 – 8&	Rock L forward (7), Recover back on R (8), Turn $\frac{1}{2}$ to the L and Step L forward (&) \Box 7:30	
[17 – 24]□TURN 5/8, SWEEP, CROSS, STEP, DIAGONAL, LOCKSTEP, WALK AROUND, FULL TURN□			
	1 – 2&	Turn 5/8 to the L on R and Sweep L from front to back (1) Cross L behind R (2) Step R to right side (&) \Box 12:00	
	3 – 4&	Step L diagonal to R (3) Step R forward (4) Lock R behind L□1:30	
	5 – 6	Turn 1/8 to the R and Step R forward (5), Turn 1/4 to the R and Step L forward (6), □9:00	
	7 - 8&	Turn 1/4 to the R and Step R forward (7) Turn $\frac{1}{2}$ to the R and Step L backwards (8), Turn $\frac{1}{2}$ to the R and step R forward (&) 12:00	
[25 – 32] \Box STEP, CROSS, ¼ TURN, ROCK, WALK BACKWARDS, SWEEP (2X), ROCK, TURN 1/2, \Box			
	1 – 2&	Step L to left side (1) Cross R behind L (2) Turn $\frac{1}{4}$ to the L and Step L forward (&) \Box 12:00	
	3 – 4&	Rock R forward (3) Recover back on L (4) Step R backwards (&) \Box 9:00	
	5 - 6	Step L backwards and Sweep R from front to back (5) Step L backwards and Sweep L from front to back (6) \Box 9:00	
	7 0 0		

7 - 8 & Rock L backwards (7) Recover back on R (8) Turn ½ to the R and Step L next to R (&) 3:00

Start again!□