Fall For You

Count: 102

Ebene: High Intermediate waltz

Choreograf/in: Debbie Rushton (UK) - June 2015

Musik: Fall for You - Leela James : (Album: Fall For You - 3:25)

(Don't be scared by the number of counts - most are hold steps!)

Count in: 24 counts - 10 seconds

(1-6) CROSS SWEEP ROUND, CROSS SIDE BEHIND

- Cross L over R, Sweep R round from back to front over 2 counts 123
- 456 Cross R over L, Step L to L side, Cross R behind L

(7-12) SIDE DRAG TOUCH, ¼ TURN ½ SPIN WITH SWEEP

- 123 Take big step to L side, Drag R up to L over 2 counts (weight stays on L)
- 456 Make 1/4 turn R stepping R forward, Make 5/8 turn over R shoulder sweeping R foot around (11 o clock)

(13-18) FORWARD ROCK, BACK ½ TURN STEP FORWARD

- 123 Rock forward on L, Hold for 2 counts (11 o clock)
- 456 Step back on R (stay on the diagonal), Make 1/2 turn L stepping L forward, Step R forward (5 o clock)

(19-24) CROSS POINT HOLD, BACK ROCK RECOVER POINT

- 123 Step L forward (slightly across R), Touch R out to R side, Hold 1 count (still on diagonal)
- 456 Rock back on R, Recover weight forward onto L, Touch R out to R side (5 o clock)

(25-30) BEHIND SWEEP ROUND, SAILOR STEP

- 123 Cross R behind L, make 1/8 turn L (square up to side wall) whilst sweeping L from front to back over 2 counts (3 o clock)
- Cross L behind R, Rock R out to R side, Recover weight onto L 456

(31-36) BEHIND SWEEP ROUND, SAILOR STEP

- 123 Cross R behind L, Sweep L from front to back over 2 counts
- 456 Cross L behind R, Rock R out to R side, Recover weight onto L

(37-42) BEHIND SIDE CROSS, ¼ TURN LIFT ½ TURN

- 123 Cross R behind L, Step L to L side, Cross R over L
- 456 Make 1/4 turn R stepping back on L, Continue to make another 1/2 turn over R shoulder whilst slightly lifting R leg off floor over 2 counts (12 o clock)

(43-48) TRIPLE TURN, STEP PIVOT 1/4 TURN

- 123 Step R forward, Make 1/2 turn R stepping back on L, Make 1/2 turn R stepping forward on R (12 o clock)
- 456 Step L forward, Pivot ¼ turn R over 2 counts taking weight onto R (3 o clock)

(49-54) CROSS & BEHIND &

- 123 Cross L over R, Hold count 2, Step R to R side
- 456 Cross L behind R, Hold count 5, Step R to R side

(55-60) CROSS PIVOT 1/2 TURN

- 123 Cross L over R. Hold for two counts
- 456 Pivot ¹/₂ turn R taking weight forward onto R (your body should be slightly angled to the R diagonal)





Wand: 4

(61-66) CROSS & BEHIND &

- 1 2 3 Cross L over R, Hold count 2, Step R to R side
- 4 5 6 Cross L behind R, Hold count 5, Step R to R side

(67-72)CROSS PIVOT ¾ TURN

- 1 2 3 Cross L over R, Hold for two counts
- 4 5 6 Pivot ³/₄ turn R taking weight forward onto R (6 o clock)

*** □NOTE: The above 24 counts 'weave and turn' are easier to teach using a 'rolling count'. Counts will be 1a2a3-4 5a6a7-8. See video to avoid any confusion

(73-78) FORWARD, ¼ TURN ¼ TURN, BACK ½ TURN STEP

- 1 2 3 Step L forward, Make ¼ turn L stepping R to R side, Make ¼ turn L stepping back on L (12 o clock)
- 4 5 6 Step back on R, Make ¼ turn L stepping L to L side, Make ¼ turn L stepping R forward (6 o clock)

(79-84) ROCK FORWARD, RUN BACK x3

- 1 2 3 Rock forward on L, Hold for 2 counts
- 4 5 6 Run back R, L, R

(85-90) ¼ TURN SWAY SWAY

- 1 2 3 Make ¹/₄ turn L stepping L to L side and swaying body L over 2 counts (3 o clock)
- 4 5 6 Sway body R over 3 counts (transferring weight to R)

(91-96) ¼ TURN SWEEP ¼ TURN, CROSS ¼ TURN ¼ TURN

- 1 2 3 Make ¼ turn L stepping L forward, Make ¼ turn L sweeping R round over 2 counts (9 o clock)
- 4 5 6 Cross R over L, Make ¼ turn R stepping L back, Make ¼ turn R stepping R to R side (3 o clock)

(97-102) STEP FULL SPIRAL STEP, STEP FULL SPIRAL STEP

- 1 2 3 Step L forward to R diagonal, spiral full turn over R shoulder, Step R forward (still on diagonal)
- 4 5 6 Step L forward to R diagonal, spiral full turn over R shoulder, Step R forward (4 clock)

To start the next wall, cross L over R on count 1, then square up to the 3 o clock wall during the sweep on counts 2-3

RESTART: During the 3rd wall, the music slows down and stops. Keep dancing the dance at normal pace. Restart the dance after 96 counts (drop the last two spiral turns) facing 9 o clock

Contact: debmcwotzit@gmail.com