Do The Bomp



Count: 32 Wand: 4 Ebene: Beginner

Choreograf/in: Rene & Reg Mileham (UK) - June 2015

Musik: Who Put the Bomp? - The Overtones : (Album: Saturday Night At The Movies)



Music Style: Pop - 8 count intro (after heavy beat)

Section 1: Forward, touch, back, kick, coaster step, hold

1 – 2	Step Right forward, touch Left toe next to Right
3 – 4	Step Left back, kick Right forward (small kick)
5 – 6	Step Right Back, step Left next to Right

7 – 8 Step Right forward, hold

Section 2: Lock forward, step, HOLD, ½ turn, step, hold

1 – 2	Step Left forward, lock Right behind Left
3 – 4	Step Left forward, hold

5-6 Step Right forward, turn ½ left 6.00

7 – 8 Step Right forward, hold

Section 3: Forward, touch, back, kick, sweep Coaster 1/4 turn, hold

1 – 2	Step Left forward, touch Right toe next to Left
3 – 4	Step Right back, kick Left forward (small kick)
5 – 6	Sweep Left foot behind Right making 1/4 turn left, step Right next to left 3.00
7 – 8	Step Left forward, hold (weight on Left)

Section 4: Side mambo hold, side mambo, hold

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1 - 2	Rock Right to right side, recover onto Left	
3 - 4	Step Right next to Left, hold	
5 - 6	Rock Left to left side, recover onto Right	
7 - 8	Step Left next to Right, hold	