Count: 32 Wand: 2 Ebene: Intermediate
Choreograf/in: Scott Schrank (USA) - July 2015
Musik: One - Anastacia : (CD: It's A Man's World - iTunes)

Intro:16 Counts (11 Seconds In) $\square$
Phrasing: 2 Restarts after 16 counts, One 4 Count Tag
(32-32-16-32-32-16-32-32-32-Tag-32-32 W/Ending
[1-8] $\square$ ROCK, RECOVER, BALL-STEP-PIVOT 1/2, $1 / 4$ SWEEP, BEHIND-SIDE-CROSS, $1 / 4$ SWEEP
1-2\& Rock step $R$ foot forward (1), Recover weight to $L$ foot (2), Step ball of $R$ foot slightly back ( $\&$ )
3-4 Step $L$ foot forward (3), Pivot 1/2 turn right on balls of feet (4) (Weight the R foot) [6:00]
$5 \quad$ Make 1/4 turn right stepping $L$ foot left while sweeping $R$ foot behind $L$ foot (5) [9:00]
6\&7 Step R foot behind $L$ foot (6), Step $L$ foot left (\&), Cross R foot over $L$ foot (7)
8
Make 1/4 turn right stepping $L$ foot back while sweeping $R$ foot back (8) [12:00]

| [9-16] $\square$ ROCK BACK, RECOVER, STEP-PIVOT-CROSS, $1 / 4$ RIGHT, $1 / 2$ RIGHT, CHASSE $1 / 2$ TURN |  |
| :--- | :--- |
| $1-2$ | Rock back on R foot (1), Recover weight to $L$ foot (2) |
| $3 \& 4$ | Step R forward (3), Pivot $1 / 4$ turn left on balls of feet ( $\&$ ), Cross R over L (4) [9:00] |
| $5-6$ | Step L foot back while making $1 / 4$ turn right (5), Make $1 / 2$ turn right on ball of L foot stepping |
| $7 \& 8$ | R foot forward (6) [6:00] |

(Restart here during 3rd and 6th rotations. You will be facing 12:00 both times)
[17-24] $\square$ SWEEP, CROSS-BACK-SWEEP, BEHIND-TURN-SIDE, BEHIND-CROSS-SWAY, FLICK
1-2\& Step $R$ foot forward while sweeping $L$ over $R$ (1), Cross step $L$ foot over $R$ foot (2), Make 1/4 turn left stepping $R$ foot back (\&) [9:00]
3-4\& $\quad$ Step back on $L$ foot while sweeping $R$ foot behind $L$ foot (3), Step down on ball of $R$ foot left (4), Make 1/4 turn left stepping slightly forward on $L$ foot (\&) [6:00]

5-6\& $\quad$ Step $R$ foot right (5), Step ball of $L$ behind $R$ foot (6), Cross step $R$ foot over $L$ foot (\&)
7-8 Step $L$ foot left while swaying hips over $L$ foot (7), Sway hips over $R$ foot while flicking $L$ foot behind $R$ foot (8) [6:00]
[25-32] $\square$ SIDE-TOGETHER-TURN, MAMBO-1/4 SWEEP, COASTER STEP, PIVOT 1/2 TURN
1\&2 Step $L$ foot left (1), Close $R$ next to $L$ foot (\&) Make 1/4 turn left stepping $L$ foot forward (2) [3:00]
3\&4 Rock R foot foot forward (3), Replace weight to $L$ foot (\&), Step $R$ foot back while sweeping $L$ foot around making 1/4 turn left (4) [12:00]
$5 \& 6$ Step $L$ foot back (5), Step $R$ foot next $L$ foot (\&), Step $L$ foot forward (6)
7-8 Step R foot forward (7), Pivot 1/2 turn left on balls of feet (8) [6:00]

## Start the dance again!!

TAG: After the 9th rotation of the dance (Including the 2 Restarts) add the following $41 / 2$ counts:
1-2\& Step $R$ foot forward (1), Lock $L$ foot behind $R$ foot (2), Step $R$ foot forward (\&)
3-4\& Step $L$ foot forward while sweeping $R$ foot $1 / 2$ turn right (3), Rock $R$ foot back (4), Step $L$ foot slightly forward (\&) (You will be facing 12:00)

To finish the dance, do a slow turn stretching out the last 2 counts of the dance to face 12:00
Last Update - 6th June 2016

