We Get One Shot

Count: 48

Ebene: High Improver

Choreograf/in: Daniel Trepat (NL), Rob Fowler (ES) & Darren Bailey (UK) - August 2015 **Musik:** One Shot - Rob Thomas

Wand: 4

Intro: 4 counts from first beat in music (app. 2 sec. into track). Start when he starts singing Restart: in the 5th & 6th wall after 32 counts [1 – 8]□Side, Together, Half Rumba Box, Side, Together, Half Rumba Box□ 1 – 2 Step R to R side (1), Step L next to R (2) 12:00 3&4 Step R to R side (3), Step L next to R (&), Step R forward (4) 12:00 5 – 6 Step L to L side (5), Step R next to L (6) 12:00 Step L to L side (7), Step R next to L (&), Step L backwards (8) 12:00 7&8 [9 – 16]□Coasterstep, Step fwd, ¼ turn L, Side, Sailorstep, Sailor ½ turn R cross□ 1&2 Step R backwards (1), Step L next to R (&), Step R forward (2) 12:00 3 – 4 Step L forward (3), ¹/₄ turn L stepping R to R side (4) 9:00 5&6 Cross L behind R (5), Step R on ball to R side (&), Step L to L side (6) \Box 9:00 Cross R behind L (7), ¼ turn R stepping L back (&), ¼ turn R crossing R over L (8)□3:00 7&8 [17 - 24] Side with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x Step L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), Step R next to L & 1 - &4finish shimmy's (3), Clap (&), Clap (4) \Box 3:00 Step R to R side & start shimmy shoulders (5), Continue Shimmy's (6), Step L next to R & 5 - &8finish shimmy's (7), Clap (&), Clap (8)□3:00 [25 – 32] Rock & Cross 2x, ³/₄ Volta turn R, Ball Step Rock R to R side (1), Recover on L (&), Cross R over L (2)□3:00 1&2 Rock L to L side (3), Recover on R (&), Cross L over R (4) \Box 3:00 3&4 ¹/₄ turn R stepping R forward (5). Step L on ball next R (&). ¹/₄ turn R crossing R over L (6). 5&6&7 Step L on ball next R (&), 1/4 turn R crossing R over L (7) 12:00 &8 Rock L to L side on ball (&), Recover on R (8)□12:00 [33 – 40]□Cross & Rock 2x, Mambo & back, Shuffle back with Knee action□ Cross L over R (1), Rock R to R side (&), Recover on L (2) 12:00 1&2 3&4 Cross R over L (3), Rock L to L side (&), Recover on R (4)□12:00 5&6 Rock L forward (5), Recover on R (&), Step L back (6) 12:00 7&8 Step R back & lift L knee (7), Step L next to R (&), Step R back & lift L knee (8) 12:00 [41 – 48]□Mambo L & R, ¾ turn L (walking L, R, L, R, L)□ Step L to L side (1), Recover on R (&), Step L next to R (2) 12:00 1&2 3&4 Step R to R side (3), Recover on L (&), Step R next to L (4) 12:00 5 – 8 While doing count 5 to 8 turn ¾ turn L - Walk L (5), Walk R (6), Walk L (7), Walk R (&), Walk L (8) 3:00 In the 5th & 6th Wall you will do a Restart after 32 counts, but count 32 you have to stomp L next to R

