Rocking on a Seacruise



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Mike Stringer (UK) & Ryan King (UK) - October 2015

Musik: Rockin' On a Seacruise - The Lennerockers



Intro: 32 Counts - Start on vocals

R Grapevine L Touch	. Point & Touch x 2.	L Grapevine R Touch	. Right Hip Bump x 2

1& 2&	Step Right to Right side, step Left behind Right. Step Right to Right side, touch Left next to
	Right. (12 o'clock)
3& 4&	Point Left to Left side, touch Left next to Right. Point Left to Left side, touch Left next to Right.
5& 6&	Step Left to Left side, step Right behind Left. Step Left to Left side, touch Right next to Left.

7& 8& Bump Right hip, recover weight Left. Bump Right hip, recover weight Left.

R Shuffle, L Mambo, Sweep R L, R Rock ½ Turn Kick

1 & 2	Step forward Right, step Left next to Right, step forward Right.
3 & 4	Rock forward Left, recover onto Right, step back Left.
5 6	Sweep Right leg round stepping back Right, sweep Left leg round stepping back Left.
7& 8&	Rock back Right, recover onto Left, step back ½ Right, kick Left forward. (6 o'clock)

Behind Side Cross, R Side Together Forward, Side Touches, L Side Together Back

1 & 2	Step Left behind Right, step Right to Right side, step Left over Right.
3 & 4	Step Right to Right side, step Left next to Right, step forward Right.
5& 6&	Step Left to Left side, touch Right, Step Right to Right side, touch Left.
7 & 8	Step Left to Left side, step Right next to Left, step back Left.

R Side Toe Strut, L Cross Toe Strut, R Rocking Chair, R Rock 1/4 Step, Run L R L

1& 2&	Step Right toe to Right side, drop heel, step Left toe over Right, drop heel.
3& 4&	Rock forward Right, recover onto Left, rock back Right, recover onto Left.
5 & 6	Rock out Right, make ¼ Left, step forward Right. (3 o'clock)
7 & 8	Run forward Left, Right, Left.

Last Update - 12th Oct. 2015