## Painting Pillows

Count: 48
Wand: 2
Ebene: Advanced waltz
Choreograf/in: Rachael McEnaney (USA) - October 2015
Musik: Painting Pillows - Lauren Alaina

Count In: 24 counts from start of track, dance begins on vocals. Approx 114 bpm Notes: 1 Restart on 3rd wall.

## ** Special thanks to Joey Warren for suggesting this track **

[1-6] Fwd $R$, hold, fwd $L, 1 / 4$ turn $L$ rocking $R$ to $R$
123 Step forward $R(1)$, hold as you drag $L$ (or slight sweep) towards $R(2,3) 12.00$
456 Step forward $L$ (4), make $1 / 4$ turn left as you rock $R$ to right side (5), recover weight $L$ (6) 9.00
[7-12] Syncopated weave L, R cross, unwind $3 / 4$ turn $L$
1 \& 23 Cross $R$ over $L$ (1), step $L$ to left side (\&), cross $R$ behind $L$ (2), step $L$ to left side (3) 9.00
$456 \quad$ Cross $R$ over $L$ (4), unwind a slow $3 / 4$ turn left weight (5), finish $3 / 4$ turn left transferring weight onto L (6) 12.00
Restart: 3rd wall begins facing 12.00, do the first 12 counts then start again. 12.00
[13-18] Fwd $R, 1 / 2 R$ stepping back $L$, back $R$, back $L$, point $R, 1 / 2$ spiral turn $R$,

| 123 | Step forward $R(1)$, make $1 / 2$ turn right as you step back $L(2)$, step back $R(3) 6.00$ |
| :--- | :--- |
| 456 | Step back $L$ (4), point $R$ to right side (prep your upper body left) (5), make $1 / 2$ turn right on ball | of $L$ ( $R$ toe remains in place) (6) 12.00

[19-24] R fwd, $1 / 2$ right sweeping $L, L$ cross, $R$ chasse

| 123 | Step forward $R$ as you begin to make $1 / 2$ turn right sweeping $L(1)$, continue the $1 / 2$ turn right <br> (2,3) (weight ends $R$ ) 6.00 |
| :--- | :--- |
| $45 \& 6$ | Cross $L$ over $R(4)$, step $R$ to right side (5), step $L$ next to $R(\&)$, step $R$ to right side and angle <br> body to $R$ diagonal (7.30) (6) 7.30 |

[25-30] $L$ fwd (diagonal), $1 / 2 L$ doing $R$ lock step back, $1 / 2$ turn $L$ fwd $L$, fwd $R, 1 / 2$ pivot $L$
12 \& 3 Step L forward (toward 7.30) (1), make $1 / 2$ turn left stepping back $R(2)$, cross $L$ over $R(\&)$, step back R (3) 1.30
$456 \quad$ Make $1 / 2$ turn left stepping forward $L$ (4), step forward $R(5)$, pivot $1 / 2$ turn left (weight ends $L$ ) (6) 1.30
[31-36] $R$ fwd (diagonal) $1 / 2 R$ doing $L$ lock step back, $3 / 8$ turn fwd $R$ as you hitch $L$ knee and make further $1 / 4$ R
12 \& 3 Step $R$ forward (1), make $1 / 2$ turn right stepping back $L(2)$, cross $R$ over $L$ (\&), step back $L$ (3) 7.30

456 Make $3 / 8$ turn right stepping forward $R$ as you hitch $L$ knee and continue to make another $1 / 4$ turn $R$ on ball of $R(4,5,6) 3.00$
[37-42] $L$ twinkle with $1 / 4$ turn $L$, fwd $R$, $L$ fwd rock with $L$ sweep
123 Cross $L$ over $R(1)$, step $R$ to right side (2), make $1 / 4$ turn left stepping forward $L$ (3) 12.00
$456 \quad$ Step forward $R(4)$, rock forward $L$ (5), recover weight $R$ as you sweep $L$ (6) 12.00
[43-48] L back with $R$ sweep, $R$ back with $L$ sweep, $L$ back, 2.5 turns $R$ (or easier alternatives)
123 Step back $L$ sweeping $R(1)$, step back $R$ sweeping $L$ (2), step back $L$ (3) 12.00
$45 \quad$ Make $1 / 2$ turn right stepping forward $R(4)$, make $1 / 2$ turn right stepping back $L(5), 12.00$
\& 6 \& Make $1 / 2$ turn right stepping forward $R(\&)$, make $1 / 2$ turn right stepping back $L(6)$, make $1 / 2$ turn right on ball of $L$ ready to start again (\&) 6.00
Option:

Easy option for counts $4-6$ : Make $1 / 2$ turn right stepping forward $R(4)$, run forward L-R-L (5\&6)
Medium option for counts 4-6: Make $1 / 2$ turn right stepping forward $R(4)$, make $1 / 2$ turn right stepping back $L$ (5), cross $R$ over $L(\&)$, step back $L(6)$, make $1 / 2$ turn right on ball of $L$ ready to start again (\&)

## START AGAIN - HAPPY DANCING

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